

Korean Ginseng 60 Tablets

EAN: 5055148405120 FABRICANTE: LAMBERTS



Asthenia (more commonly known as fatigue) is a feeling of general weakness, both physical and intellectual, whose most frequent symptoms consist of: alterations in general condition, muscle and joint pain, difficulty concentrating, memory disorders, mood swings, sleep disturbances and decreased libido, among other symptoms. In most cases, this fatigue has a very clear cause and is not serious.

DESCRIPTION

Korean Ginseng, also known as Chinese Ginseng, Asian Ginseng, or *Panax ginseng*, has been used for thousands of years in Chinese medicine and has a taproot that resembles the shape of a human body.

The part of the plant used is the slow-growing root. *Panax ginseng* corresponds to the common name of red or white ginseng depending on its age. In the case of the root prepared by Lamberts it is 6 years old. Therefore it is red. The label describes the 24 milligrams of ginseng, but it is not differentiated.

The label indicates the equivalent amount of unextracted substance and extract. So 120mg of extract is equivalent to 1200mg of unconcentrated substance. This way, the proportion of extract or concentrate is explained to customers in a simple way, i.e. if we do the math, by a simple rule of 3: if 1200 has been reduced in the extract to 120; it will be like a 10:1 extract. The forms are dry extract.

Korean Ginseng has been traditionally used to improve well-being, especially among those over 50, and is currently one of the most extensively studied herbs in use. It is traditionally used for its mild stimulant properties.

The main active ingredients of Korean Ginseng are found in the root and consist of more than 30 compounds generally classified as ginsenosides.

LAMBERTS® Korean Ginseng contains 1200 mg of Korean ginseng root, in the form of 120 mg of concentrated extract, with a guaranteed level of 24 mg of ginsenosides per tablet. This herb is widely present on the market, with very significant differences in the quality and purity of the raw materials used for its formulation. LAMBERTS® requires rigorous quality testing to certify the potency and purity of the ginseng used in this product.

Round tablet with green coating.

Each tablet provides:



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Dry extract equivalent to:

Korean Ginseng (<i>Panax Ginseng</i>)	1200 mg
(as 120 mg of extract)	
providing Ginsenosides	24 mg

Allergen note

The following list of allergens are excluded: wheat, barley, soya, eggs, milk (and dairy products), lactose, nuts, sulphites, celery, fish, shellfish, yeast and gluten.

Precautions

This product is not recommended for pregnant or breastfeeding women.

Instructions for use

Take 1 tablet daily with food.

Do not exceed the expressly recommended daily dose.

