

## **Horse Chestnut 60 Tablets**

EAN: 5055148403522 FABRICANTE: LAMBERTS



Lamberts horse chestnut helps strengthen blood capillaries.

### DESCRIPTION

LAMBERTS® Horse Chestnut Complex is a unique formula that combines 4 herbs in one tablet. Extracts are usually prepared from the seeds, which have a high active component.

Horse Chestnut Seed Extract (Aesculus hippocastanum): The main active ingredient in Horse Chestnut is escin, a saponin-type compound. Each tablet of Horse Chestnut Complex contains 50 mg of this compound, with 100 mg (2 tablets) per day being the amount used in scientific studies with this herb.

Butcher's broom (Ruscus aculeatus): Butcher's broom is a plant native to the Mediterranean basin that is considered the perfect companion for horse chestnut seed extracts. It is believed that the steroidal saponins in butcher's broom are responsible for the beneficial effects of this plant.

Grape Seed Extract (Vitis vinifera): Grapes have been used by man for thousands of years. European grape seed extracts are one of the richest sources of anthocyanidins, which are included in this product for their properties.

### Oval tablet with orange coating.

#### Each tablet provides:

Horse Chestnut (provides 253 mg of a 5:2:1 extract)	1318 mg
Contributing: Escina	50 mg
Grape Seed (provides 2.5 mg of a 120:1 extract)	300 mg
Butcher's broom (provides 19 mg of a 3:1 extract)	56.25 mg
Routine	12.5 mg

#### Allergen note

The following list of allergens is excluded: wheat, gluten, barley, soy, eggs, milk and dairy products, lactose, nuts, sulphites, celery, fish, shellfish and yeast.

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#### Precautions

This product is not recommended for pregnant or breastfeeding women.

#### Instructions for use

Take 1 tablet twice daily with meals for the first 3 months. Subsequently, for maintenance, take 1 tablet daily. Do not exceed the expressly recommended daily dose.

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