

Eyewise Omega 3 60 Capsules

EAN: 5055148411657 FABRICANTE: LAMBERTS



Eyewise® with Lutein, Zeaxanthin plus Omega 3 and Vitamin D3. With 356 mg of Omega 3 that contributes to the maintenance of normal vision.

DESCRIPTION

This new formula is unique and comes in the form of One a Day. It is also a synergistic combination of omega 3 fatty acids, with lutein, zeaxanthin and vitamin D3.

As with our original, successful Eyewise®, available in our range, we have included zeaxanthin as well as 20 mg of pure lutein in free form, which is ready to be absorbed.

Lutein and zeaxanthin are carotenoids that are not produced in the body, so they must be obtained from the diet, especially from green leafy vegetables.

In plants, lutein is produced to protect cellular contents from damage by sunlight.

Our bodies can use lutein in the same way when it is deposited in the macula, where it filters out harmful wavelengths of sunlight that can harm the delicate light-receptor cells in the macula.

Like all carotenoids, lutein is an antioxidant and may therefore play a role in protecting macular tissue from damage caused by harmful free radicals.

Furthermore, numerous studies indicate that omega-3 fatty acids may also be especially important in preserving and maintaining healthy eyes, especially as we age.

For this reason, we have included a total of 356 mg of omega 3 per capsule, providing 250 mg of DHA which contributes to the maintenance of normal vision.

In addition, the pure fish oil we use is highly certified from sustainable fisheries and is produced under strict GMP (*Good Manufacturing Practice*) manufacturing standards, which are rigorously controlled by the Medicines Control Agency of the Department of Health of the United Kingdom.

It is increasingly known that vitamin D is important for much more than bone health.

There is also emerging evidence in clinical research linking vitamin D to ocular well-being. Eyewise® Omega 3 provides vitamin D3 at 100% of the Nutrient Reference Value (NRV) for adults.



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Vitamin D is also essential for bones and can slow the progression of osteoporosis, strengthen the immune system, and help prevent some health disorders. There are many studies that support the argument that we should all watch our vitamin D intake.

Vitamin D helps reduce the risk of falls related to postural instability and muscle weakness.

Falls are a risk factor for bone fractures in men and women over 60 years of age.

This benefit is achieved with a daily dose of 20 µg per day.

Oval, red-brown soft capsule.

Each capsule provides:

Concentrated Fish Meat Oil	626 mg
Providing Omega 3 Fatty Acids	356 mg
of which:	
Eicosapentaenoic acid (EPA)	56 mg
Docosahexaenoic acid (DHA)	250 mg
Lutein	20 mg
Zeaxanthin	1 mg
Vitamin D3	5 µg

The following list of allergens are excluded: wheat, barley, soya, eggs, milk (and dairy products), lactose, nuts, sulphites, celery, yeast and gluten containing ingredients.

Precautions

This product is not recommended for pregnant or breastfeeding women.

Instructions for use

Take 1 capsule daily with a meal.

Do not exceed the expressly recommended daily dose.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241123
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