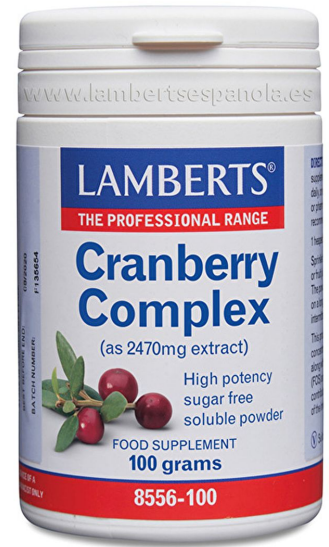


## Cranberry Complex 100 g

EAN: 5055148403058

FABRICANTE: LAMBERTS



*Cranberry juice is a supplement known especially among women for its ability to help maintain the good condition of the urinary system.*

### DESCRIPTION

The cranberry is a fruit or berry from a small shrub that grows wild on the edges of wet roadsides. In addition to its nutritional and therapeutic value, its fruits also protect the soil from erosion. In eastern North America, native peoples used its fruit as food. One of these people taught its use to the English in 1620, and since then it has been incorporated into the traditional Thanksgiving holiday.

Cranberry juice is a popular supplement among women for its ability to help maintain healthy urinary tract health. In the 1920s, it was discovered that people who consumed large amounts of cranberries produced more acidic, ?cleaner? urine. The effect of cranberries was shown to have an effect on the urinary tract. However, the juice has a very acidic taste, and for this reason, many commercial cranberry drinks contain large amounts of sugar (and calories) to disguise this acidity.

LAMBERTS® Cranberry Complex is obtained from fresh, ripe cranberries which are first washed and undergo a depectinisation process to remove unwanted substances. The juice is then dehydrated at low temperature and pressure to obtain a sugar-free concentrate.

This ensures that those on sugar-restricted diets can benefit from the unique properties of cranberries. Approximately 25 grams of fresh cranberries are used to prepare one gram of our concentrate.

Cranberry Complex is blended with a type of soluble fiber, fructooligosaccharides (FOS), which are sweet and easily dissolved, obtained from chicory root. FOS act as a prebiotic.

### HUMIDITY AND HEAT SENSITIVE POWDER.

#### Sugar-free soluble pink powder.

#### 5 grams provide:

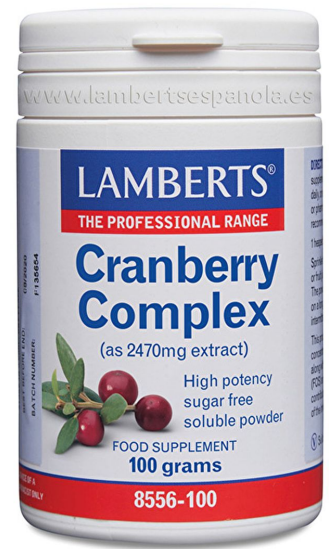
Vitamin C	60 mg
Cranberry	47,000 mg

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241120  
<https://bio-farma.es/buy/f/lamberts/cranberry-complex-100-g>



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(As 2,470 mg of a 19:1 extract)

Fructo-Oligosaccharides 2.186 mg

### Allergen note

**Free from:** wheat, gluten, barley, soy, eggs, milk (and dairy products), lactose, nuts, sulphites, celery, fish, shellfish and yeast.

### Precautions

None known at the recommended dose.

### Instructions for use

Take 1 serving of 5 grams 1 to 2 times daily.  
Do not exceed the expressly recommended daily dose.  
1 teaspoon = 5 grams.

Dissolve the powder in cold water or fruit juice and mix well.  
The powder can be safely taken for extended periods or can be used intermittently, as desired.

