

Cinnamon 2500 mg 60 Tablets

EAN: 5055148404895

FABRICANTE: LAMBERTS



Lamberts cinnamon is a dietary supplement that helps regulate blood glucose levels.

DESCRIPTION

There are two main types of cinnamon spice: Cassia Cinnamon and Ceylon Cinnamon.

Cinnamon tablets produced by LAMBERTS® contain a high concentration of Cinnamomum Cassia or Cassia Cinnamon, which is the variety that has been shown to have extensive beneficial properties, supported by numerous clinical studies.

The correct species and the relevant part of the Cinnamomum Cassia plant are used, since the extract is obtained from the bark of the tree (and not from the oil), which is the essential part and responsible for the properties of cinnamon.

As regards volatile components, the chemical composition of cinnamon essential oils depends on the part of the plant from which they are extracted. In the essential oil of the bark, the most abundant component is cinnamaldehyde, which is why this part is used in LAMBERTS® standardised cinnamon extracts.

A standard water/ethanol extraction, known as Soxhlet extraction, results in a cinnamaldehyde content ranging from 62% to 73%.

To make a brief and simple comparison, looking at the raw materials and comparing the two main types of cinnamon, one finds that Cassia Cinnamon has a stronger flavour than the Ceylon variety and 95% of its oil is cinnamaldehyde.

In Ceylon cinnamon, however, only 50-63% of its oil is cinnamaldehyde, which explains its milder flavor.

Therefore, the variety of raw material used in LAMBERTS® Cassia Cinnamon Extract has a significantly higher concentration of cinnamaldehyde.

A high-strength pure extract of cinnamon bark is used, which should not be confused with culinary cinnamon. The tablets are coated so that they are tasteless (although they do have a pleasant cinnamon smell) and easy to swallow.

Oval tablet with beige speckles.



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Each tablet provides:

Cinnamon Bark (as 100 mg of a 25:1 extract)	2500 mg
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Allergen note

The following list of allergens are excluded: wheat, gluten, barley, soya, eggs, milk and dairy products, lactose, nuts, sulphites, celery, fish, shellfish and yeast.

Precautions

This product is not recommended for pregnant or breastfeeding women.

Instructions for use

Take 1 tablet daily with food.
Do not exceed the expressly recommended daily dose.

