

Chromium Complex 60 Tablets

EAN: 5055148402020

FABRICANTE: LAMBERTS



Lamberts Chromium Complex, GTF with Vitamins B and C, Magnesium, Copper and Zinc helps maintain glucose levels and reduces fatigue.

DESCRIPTION

Chromium tends to be depleted from foods by processing and refining, and diets low in whole grains may provide inadequate levels of this important trace mineral.

At Lamberts we use an organic form of chromium called ?chromium picolinate? to help ensure maximum absorption and utilization.

This is a one-tablet-a-day formula that provides chromium, an essential nutrient that contributes to the maintenance of normal blood glucose levels and normal macronutrient metabolism.

Each tablet provides a total of 200µg of chromium and high levels of magnesium, a mineral that contributes to the reduction of fatigue and tiredness; as well as other nutrients known to contribute to the metabolic processes by which the body releases energy from food.

It also includes vitamin C and copper, which contribute to the normal functioning of the nervous system, immune system and the absorption and transport of iron. Our product is manufactured under strict GMP pharmaceutical manufacturing standards.

White coated oval tablet.

Each tablet provides:

Chromium (as Picolinate) 200 µg	Vitamin C	100 mg
Thiamine (Vitamin B1) 5 mg	Niacin (Vitamin B3) 5 mg	
Pyridoxine (Vitamin B6) 5 mg	Magnesium (as Oxide) 300 mg	
Zinc (as Citrate) 15 mg	Copper (as Gluconate) 0.5 mg	

Suitable for vegetarians and vegans and free of lactose and gelatin.



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Allergen note

The following list of allergens are excluded: wheat, gluten, barley, soya, eggs, milk and dairy products, lactose, nuts, sulphites, celery, fish, shellfish and yeast .

Precautions

People with diabetes are advised to consult a healthcare professional before using this preparation. Daily intake should not exceed 200µg.

Instructions for use

Take 1 tablet daily with food.
Do not exceed the expressly recommended daily dose.

