

Choline Liver Complex 60 Tablets

EAN: 5055148412715

FABRICANTE: LAMBERTS



Choline contributes to normal liver function.

DESCRIPTION

Choline contributes to the maintenance of normal liver function, and the product provides a total of 100 mg per tablet. It also contains milk thistle in the form of a standardized extract of mature seeds with a guaranteed level of 80 mg of silymarin.

Silymarin is the active ingredient in milk thistle fruit (*Silybum marianum*), and is one of the most widely studied and recommended plants in use today.

To complement the formula, it includes B complex vitamins, which contribute, among their many functions, to the release of energy from food.

The one tablet a day formula is suitable for vegetarians and vegans and is manufactured in the UK to GMP manufacturing standards.

- Choline contributes to the maintenance of normal liver function.
- Provides a total of 100 mg of choline per tablet.
- Includes milk thistle as a standardized extract of mature seeds, providing a guaranteed level of 80 mg of silymarin.
- Contains B vitamins, which contribute to the release of energy from food.
- One tablet per day formula.
- Suitable for vegetarians and vegans.

Light yellow oval tablet.

Per tablet:

Thiamine	4.4 mg
Riboflavin	2.8 mg
Niacin	32 mg NE

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Vitamin B6	2.8 mg
Folic Acid	400 µg
Vitamin B12	10 µg
Biotin	100 µg
Pantothenic Acid	12 mg
Hill	100 mg
Inositol	50 mg
Milk Thistle	2500 mg
(as 100 mg of 25:1 extract) providing Silymarin:	80 mg

Allergen note

The following allergens are excluded: wheat, gluten, barley, soy, eggs, milk and dairy products, lactose, nuts, sulphites, celery, fish, shellfish and yeast.

Precautions

This product is not recommended for pregnant or breastfeeding women.

Instructions for use

Take 1 tablet daily with a meal.

Do not exceed the expressly recommended daily dose.

