

Bromelain 60 Tablets

EAN: 5055148413118 FABRICANTE: LAMBERTS



Lamberts Bromelain is indicated as a digestive aid, especially to facilitate the digestion of foods with high protein and fat content.

DESCRIPTION

The function of the digestive system is to digest food and absorb the nutrients found in it. Enzymes must first break down food

ingested into their respective constituent molecules, so that they can be absorbed in the small intestine. Efficient disintegration of food is essential

to release vital nutrients that must then be absorbed through the intestinal wall, via complex biochemical processes.

Bromelain is an enzyme that comes from the stem of fresh pineapple. It is probably best known for its use as a digestive aid, especially to facilitate the digestion of

meals high in protein and fat.

Bromelain may work well if taken with glucosamine.

White oval tablet.

Each tablet provides:

Bromelain	500 mg
Level of enzyme activity:	1250 GDU

Allergen note

The following list of allergens are excluded: wheat, gluten, barley, soya, eggs, milk and dairy products, lactose, nuts, sulphites, celery, fish, shellfish and yeast.

Precautions

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241116
<https://bio-farma.es/buy/f/lamberts/bromelain-60-tablets>



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This product is not recommended for pregnant or breastfeeding women.

Instructions for use

If taken with Glucosamine or Turmeric, take 3 tablets (1 between each meal), for 1 week.

Subsequently, as maintenance, you can take 1 tablet daily, for 3 to 6 months.

If taking with a digestive supplement, take 1 tablet before each main meal up to a maximum of 3 per day.

