

Biotin 90 Capsules

EAN: 5055148401610 FABRICANTE: LAMBERTS



Lamberts Biotin contributes to the process that releases energy from food and to the normal maintenance of skin, hair and mucous membranes. It also supports normal psychological function, the nervous system and macronutrient metabolism.

DESCRIPTION

Biotin comes from *bios*, the Greek word *for life*. It is an interesting member of the B vitamin family. It is found in many foods, such as liver, soy products, nuts, oats, rice, barley, legumes, cauliflower, and whole wheat. It is also produced directly in our digestive system and we can absorb it from this source. However, antibiotics and intestinal disorders can disrupt its normal production.

The properties of biotin, as a co-enzyme, allow it to participate in processes in which carbohydrates and proteins are metabolized for the release of the energy contained in them and to participate in the production of prostaglandins from essential fatty acids.

This high-potency supplement offers a total of 500 µg of biotin per capsule, a level that would be hard to find in any multi-vitamin. It is manufactured in the UK under strict GMP pharmaceutical manufacturing standards.

Each capsule provides:

Biotin 500 µg

Allergen note

The following list of allergens are excluded: wheat, gluten, barley, soya, eggs, milk and dairy products, lactose, nuts, sulphites, celery, fish, shellfish and yeast.

Precautions

This product is not recommended for pregnant or breastfeeding women.

Instructions for use

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241120
<https://bio-farma.es/buy/f/lamberts/biotin-90-capsules>





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Take 1 to 3 capsules with a meal.

Do not exceed the expressly recommended daily dose.

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