

## Antioxidant Complex 60 Tablets

EAN: 5055148408558 FABRICANTE: LAMBERTS



Lamberts Antioxidant Complex provides a powerful combination of antioxidants such as green tea, grape seed, rosemary and oregano extracts.

### **DESCRIPTION**

An antioxidant is a molecule capable of slowing or preventing the oxidation of other molecules. Oxidation reactions can produce free radicals that cause significant damage to cells. This oxidative damage can be stabilized by antioxidants.

Vegetables provide an infinite number of phytochemical compounds, which are still completely unknown today. Their best ingestion and effectiveness is recommended in the form of high-potency, high-quality standardized extracts.

The body produces its own antioxidants, which neutralize the effects of free radicals, but vitamins, minerals and compounds known as phytochemicals in plant foods provide an extra supply of value, so additional dietary sources are essential for maintaining good health.

Many antioxidants are nutrients we get from food. Increasingly, the effectiveness of each antioxidant is measured in ORAC units (oxygen radical absorbance capacity units) to allow comparison, and this has become a standard model for the dietary supplement industry.

LAMBERTS® Antioxidant Complex contains a powerful combination of plant antioxidants specially selected for their high polyphenol content. In fact, certain plant phenolic compounds have been found to be more effective antioxidants than vitamins C and E.

This unique ORAC blend, with impressive antioxidant levels, is a fantastic formula.

### Oval green tablet.

### Each tablet provides:

ORAC Blend 725 mg (from extracts of Green Tea Leaf, Grape Seed and Rosemary Leaf) with 3-5% epigallocatechin gallate (EGCG)







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(Oxygen Radical Absorbance Capacity) which have become an accepted standard for comparing the effectiveness of each antioxidant.

## Allergen note

The following list of allergens is excluded: ingredients containing wheat, barley, soya, eggs, milk (and dairy products), lactose, nuts, sulphites, celery, yeast and gluten.

#### **Precautions**

Contains natural caffeine.

Not recommended for children, pregnant or breastfeeding women.

Do not exceed 800mg of epigallocatechin gallate (EGCG) daily. Do not take with other Green Tea products.

Do not consume on an empty stomach.

## Instructions for use

Adults 18 years of age and older take 1 tablet daily with a meal. Do not exceed the expressly recommended daily dose.



