

Acidophilus Extra 10 60 Capsules

EAN: 5055148411541 **FABRICANTE:** LAMBERTS



Acidophilus Extra 10. One a Day, 10 billion friendly bacteria per capsule.

DESCRIPTION

The function of the digestive system is to digest food and absorb the nutrients found in it. If this process is not done efficiently, it is unlikely that our health will be in an optimal state, regardless of the quality of our diet.

Our digestive system is colonized by millions of bacteria, most of them harmless. However, during periods of stress, travel, illness, dietary changes or antibiotic use, harmful bacteria can sometimes overtake the beneficial ones.

LAMBERTS[®] has developed a series of food supplements, designed to support the different parts of the digestive system and to address the enormous variety in dietary composition, as well as the disorders caused by sudden changes in lifestyle, illness and the aging process.

They were one of the first companies to manufacture live bacteria capsules in the UK (over 30 years ago) so they have a wealth of experience in this area.

Each capsule of Acidophilus Extra 10 contains 10 billion live beneficial bacteria (Lactobacillus acidophilus and Bifidobacterium bifidus) originally isolated from humans.

To protect them from stomach acids, we use DR capsules. These innovative capsules begin to release their contents after a prolonged period of time (disintegration begins approximately 45 minutes after immediate release capsules, which do so after 5 minutes), protecting the bacteria from the degradation they would otherwise undergo in the stomach.

These capsules have a moisture content 3 times lower than gelatin capsules, further improving the stability of live bacteria and are made from vegetable cellulose, making them suitable for vegetarians.

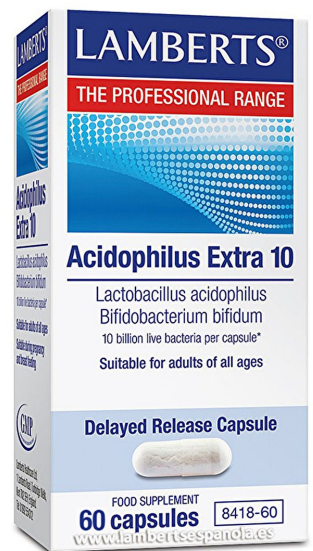
The product is presented in a special packaging with a desiccant integrated into the inner wall that protects against humidity, since the viability of bacteria is largely determined by the humidity of the environment surrounding the capsules. This special packaging eliminates the need to include a desiccant bag inside the packaging.

Additionally, our refrigerated storage conditions for the product until it is shipped provide a greater



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guarantee of effectiveness for the live bacteria until the "best before" date indicated on the packaging. Then, once the can is received or opened, it must continue to be stored at less than 20 degrees Celsius.

There is no problem taking this product with other supplements. However, the simultaneous use of oral antibiotics may reduce its effectiveness, so it is recommended to space it out at least 2 hours from taking the antibiotic.

Due to its concentration of live bacteria, you only need to take one capsule daily.

Product recommended for a short period of time (2 or 3 months) for those people whose intestinal flora is unbalanced due to:

- Taking oral antibiotics
- Disease
- Stress
- Candida
- Travel abroad and
- Age-related bowel disorders.

White hard capsule.

Bifidobacterium bifidus 10 x 10⁽⁹⁾ (10 billion) live bacteria *
and Lactobacillus acidophilus

Allergen note

The following list of allergens are excluded: wheat, gluten, barley, soya, eggs, milk and dairy products, lactose, nuts, sulphites, celery, fish, shellfish and yeast.

Instructions for use

Take 1 capsule daily with a glass of water preferably first thing in the morning when the stomach pH is highest (i.e. not as acidic).

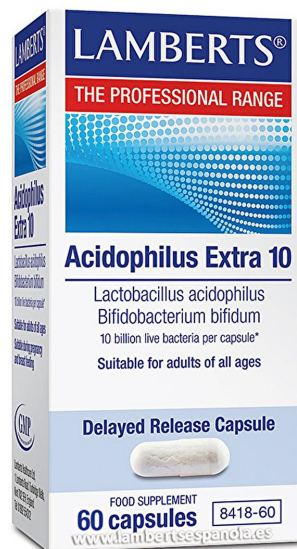
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Do not take within half an hour of consuming hot food or drinks, heat kills bacteria.
Do not exceed the expressly recommended daily dose.

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<https://bio-farma.es> - info@bio-farma.es

C/ Vermell, 20 3r 3a - 17252
St. Antoni de Calonge (Girona) Spain

 +34 696 79 77 77

