

# Hair and Nails gummies 60 units

EAN: 4008233172309 FABRICANTE: KNEIPP



Kneipp hair and nails promotes strong, shiny hair and strong nails.

#### **DESCRIPTION**

### What is Kneipp Hair and Nails used for?

Biotin and selenium help keep hair in good condition.

Zinc and selenium help keep nails in good condition.

Vitamin E contributes to the protection of cells against oxidative stress.

Bamboo has traditionally been considered a beauty secret.

#### What is the recommended daily dose of Kneipp Hair and Nails?

Two jelly beans a day. You can take both in the morning at the same time or at two different times of the day, as you prefer. They have strawberry flavor. They can be taken from 12 years of age. It is not recommended in case of pregnancy.

## What are the ingredients in Kneipp Hair and Nails?

- 1000 ug of biotin
- 5 ug of Vitamin D3
- 12 mg of vitamin E
- 0.25 mg copper
- 4 mg zinc
- 50 ug of selenium
- 20 mg L-cystine
- 25 mg of Bamboo

