

Bulk Organic Mullein 40 g

EAN: 8436535150354 FABRICANTE: JOSENEA



It is a plant-based infusion that helps improve respiratory disorders such as bronchitis or sore throat.

DESCRIPTION

What is the Josenea Mullein and what is it for?

Mullein is a plant native to Europe and Asia. It has sedative and astringent properties.

Help treat many **respiratory conditions, fight viral infections, relieve sleeping problems, and aid in the treatment of tuberculosis.**

Helps improve digestive health. Helps **relieve diarrhea and constipation.**

Helps eliminate toxins easily.

It has **anti-inflammatory and soothing** properties that help treat skin infections.

Helps **relieve joint spasms and pain.**

It can **treat thyroid problems.**

Helps **relieve headaches.**

Helps treat **ear infections.**

How do you take Josenea's Organic Mullein?

Infuse directly in hot water.

We add a dessert spoon to prepare an infusion with water.

Specifically, the water must be at 75°C -80°C.

Your rest time should be **8 to 10 minutes** before taking.

