

## Equinastar Equinacea 90 capsules

**EAN:** 8437011373519    **FABRICANTE:** JELLYBELL



*Jellybell's Equinastar is a dietary supplement that supports the immune system's response to winter ailments.*

### DESCRIPTION

The dried root, whole or chopped, of this herbaceous plant with characteristic pink flowers is used. The polyphenols present in its composition (caffeic acid and chicoric acid) give it its antimicrobial properties against bacteria, fungi and viruses, making it a real alternative to chemical antibiotics.

This plant is considered one of the best natural antibiotics. The reason for this property is due to its ability to stimulate the immune system, producing more white blood cells. It also stimulates the production of interferon, a protein that the body itself produces to neutralize viruses. There are several clinical studies that demonstrate the effectiveness of echinacea preparations especially in the prevention and treatment of infectious diseases of viral origin (mainly the common cold and flu), with the additional advantage of its excellent tolerance.

The effect of echinacea preparations on the incidence and duration of the common cold has been evaluated, showing a significant decrease in both parameters. It should not be used during pregnancy and breastfeeding, or in case of autoimmune diseases. It is also not advisable for long-term treatment.

### Amount provided per daily dose (1 capsule):

- 200 mg of dry Echinacea extract (provides 8 mg of polyphenols and is equivalent to 2 g of plant).

### Instructions for use

Take one capsule with a little (100 ml) of water on an empty stomach.

