

Defender Star Ferrina 60 capsules

EAN: 8437011373472 FABRICANTE: JELLYBELL



Defender Star Ferrina by Jellybell is a dietary supplement based on inulin, propolis, lactoferrin, zinc and copper gluconate, which helps to improve our body's defenses naturally.

DESCRIPTION

Amount provided per daily dose (2 capsules):

- 640 mg Inulin.
- 100 mg Propolis.
- 50 mg Lactoferrin.
- 1.5 mg Zinc (15% NRV).
- 1 mg Copper (100% NRV).

NRV: Nutrient Reference Value.

Lactoferrin

It is a protein found in all bodily fluids (tears, saliva, blood) and is a very important component of the immune system with antimicrobial properties against bacteria and fungi. The latest scientific research gives applications to lactoferrin as a preventive of aging and neurodegeneration. There is evidence that lactoferrin could modulate the progression of Parkinson's since protein accumulation has been detected in neurons resistant to the disease.

Inulin

It is a type of carbohydrate that has been extensively studied by the pharmaceutical and food industry, which makes its properties very evident, being incorporated into many foods as a substitute for sugar or fat, in others with the aim of improving the texture of the same, making them more pleasant to our senses. Foods rich in inulin are: asparagus, garlic, onion, leek, barley, banana, artichoke, dandelion, chicory root. Inulin belongs to prebiotic foods, which are those that live in the intestine forming the microbiota or intestinal flora, so its main function is to prevent foreign and harmful materials from settling in the intestine, eliminating pathogenic germs that can damage health. Inulin contributes to the assimilation of minerals such as calcium and magnesium, thus collaborating in our bone health. It also reduces gas, prevents constipation and intestinal inflammation, helping with weight loss.



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Propolis

Propolis is produced by bees by reprocessing, through their enzymatic glandular secretions, resinous and gummy substances that they themselves collect. For external use, propolis is used in gargles and mouthwashes for canker sores, pyorrhea, gingivitis, stomatitis, etc. For internal use, it can be useful as an adjuvant in flu syndromes, tonsillitis, laryngeal-pharyngitis, canker sores, stomatitis and gingivitis. The most recent studies on propolis indicate three main groups of substances contained: 1. Polyphenols and aromatic compounds (flavonoids, aromatic hydroxy acids, alcohols and aromatic halides, curains); 2. Terpenes; 3. Various compounds. The flavonoids galangin and pinocembrin are responsible for the bacteriostatic activity; Caffeic acid and ?-coumaric acid esters are believed to have antifungal properties; many isoflavones have spasmolytic activity. Propolis is also known to have anti-inflammatory, antithrombogenic and antiaggregant properties; it prevents capillary fragility and permeability abnormalities. It has known antiviral activity (Herpes simplex) for external use.

Zinc

The trace element Zinc plays a very important role in human beings, both in growth and development. It also plays an important role in the immune response, in neurological function and in reproduction. At the cellular level, the function of zinc can be catalytic, structural and regulatory. Almost 100 enzymes depend on zinc to increase the channeling of vital chemical reactions. It has clear benefits in: Normal functioning of the immune system, anti-oxidative activity, normal DNA synthesis and cell division, maintenance of normal bones, normal cognitive function, normal fertility and reproduction, normal fatty acid metabolism, normal vitamin A metabolism, maintenance of normal vision, maintenance of normal serum testosterone concentrations, normal macronutrient metabolism and maintenance of normal skin, hair and nails.

Trace element Copper

It is perhaps one of the most used remedies for colds and flu due to its natural antibiotic action. It acts as a catalyst, it has to regulate our body copper levels. Among its most important properties are: It strengthens our defenses and is our ally in case of infections by bacteria or viruses. It is a very important trace element for the prevention of anemia, and it is also useful as a natural anti-inflammatory.

Instructions for use

Take one capsule with plenty of water (200 ml) half an hour before lunch and dinner.

