

Collagen Magnesium 600 mg 120 tablets

EAN: 8437011373656 FABRICANTE: JELLYBELL



Jellybell Collagen with Magnesium Collagen with Magnesium is a supplement used to ensure the proper functioning and preservation of bones, joints and tendons.

DESCRIPTION

Collagen with magnesium helps all the functions performed by proteins to be carried out correctly. This translates into better hair appearance and vitality, nail growth, muscle tone and bone health.

Amount provided per daily dose (4 tablets): 1 g of Collagen, 57.15 mg of Magnesium (15% NRV), 146.32 mg of Calcium (18.29% NRV), 80 mg of Vitamin C (100% *NRV), 5 µg of Vitamin D (100% *NRV).

*NRV: Nutrient reference value.

Collagen

It is a tissue regenerator, increases the synthesis of macromolecules in the extracellular matrix of cartilage, forms the structure of the tissues of the locomotor system. It provides flexibility in the circulatory system, among others.

Magnesium

Magnesium plays an important, if not fundamental, role in all systems such as: nervous, cardiovascular, bone, digestive and cutaneous. Magnesium is also crucial for the electromagnetic stability of cells, the maintenance of membrane integrity, muscle contraction, nerve conduction and the regulation of basal tone.

Calcium

A lack of calcium in human bones facilitates the appearance of diseases such as osteoporosis. Calcium is a mineral with many properties. It nourishes the bones, prevents osteoporosis and even relaxes muscles. It is the mineral with the highest presence in the body, and the fourth largest component of the body, after water, proteins and fats.

Acerola, Malpighia Punicifolia

Acerola is a fruit from the Malpighia punicifolia, a plant native to western India that has spread to South



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and Central America thanks to its good adaptation to soil and climate.

If consumer interest in acerola has been growing in recent years, it is due to the large amount of Vitamin C that this fruit contains. Acerola reaches such exceptional levels that it can compete with very few foods (between 1500 and 3000 mg of vitamin C in 100 g of Acerola), which is why it is considered the greatest known natural source of Vitamin C (Vendramini and Trugo, 2000; Itoo et al., 1990).

Vitamin D

The main function of vitamin D in the body is to maintain normal levels of calcium and phosphorus circulating in the blood. This nutrient also helps absorb calcium in the bones and, alone or in combination with calcium, increases bone mineral density and helps reduce fractures.

Instructions for use:

Take 2 tablets with a little water before lunch and dinner.

