

Atrion Collagen 360 g

EAN: 8437011373946 FABRICANTE: JELLYBELL



Helps maintain healthy bones and joints. With orange flavour.

DESCRIPTION

Amount provided per daily dose (12 g): 10 g Collagen, 1000 mg MSM (methylsulfonylmethane), 129.7 mg Magnesium (34.58% *NRV), 80 mg Vitamin C (100% *NRV), 30 mg Sodium Hyaluronic Acid.

*NRV: Nutrient reference value.

Collagen

It is a tissue regenerator, increases the synthesis of macromolecules in the extracellular matrix of cartilage, forms the structure of the tissues of the locomotor system. It provides flexibility in the circulatory system, among others.

MSM Methylsulfonylmethane

MSM corresponds to Methyl-Sulfenyl-Methane and represents inorganic sulfur in its natural form, that is, as we find it in the sea, in the ground and in the atmosphere. Its presence in the human body is fundamental, since it represents the basis for the construction of the most important biomolecular structures, such as enzymes, amino acids, hormones and it takes part in the most essential metabolic processes of cells. Therefore, there are many functions that it performs, including the anti-inflammatory effect, thanks to which the organism is able to effectively repair damaged cells and tissues. All of this makes MSM a valid support against joint pain, tendonitis, inflammation of the mucous membranes or problems with the intervertebral disc and, generally, in the presence of musculoskeletal pathologies. MSM is also used in sports: athletes often suffer from stiffness and pain in ligaments, muscles or joints; constant administration helps in these contexts. Recent studies on humans indicate that organic MSM levels tend to decrease with age, probably due to the incipient metabolic slowdown. Therefore, proper supplementation is necessary, especially in old age.

Magnesium

Magnesium plays an important, if not fundamental, role in all systems such as the nervous, cardiovascular, bone, digestive and cutaneous systems. Magnesium is also crucial for the electromagnetic stability of cells, the maintenance of membrane integrity, muscle contraction, nerve conduction and the regulation of basal tone.



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Acerola, *Malpighia Punicifolia*

Acerola is a fruit from the *Malpighia punicifolia*, a plant native to western India that has spread to South and Central America thanks to its good adaptation to soil and climate.

If consumer interest in acerola has been growing in recent years, it is due to the large amount of Vitamin C that this fruit contains. Acerola reaches such exceptional levels that it can compete with very few foods (between 1500 and 3000 mg of vitamin C in 100 g of Acerola), which is why it is considered the greatest known natural source of Vitamin C (Vendramini and Trugo, 2000; Itoo et al., 1990).

Sodium Hyaluronic Acid

Hyaluronic acid contains 90% glycosaminoglycan polysaccharides (GAGs) and is characterized by its great capacity to retain water. In our body, it is a natural element of synovial fluid and acts in the joints as a lubricant for cartilage and ligaments, and also acts as a protector against mechanical forces. Hyaluronic acid is absorbed and distributed in the connective tissue.

Hyaluronic acid helps reduce pain and increases the viscosity of synovial fluid, thereby improving joint function.

Instructions for use:

Take a scoop of product (12 g) diluted in a little water or juice (200 ml), let it sit for 2 or 3 minutes, shake again and drink.

