

# **Atrion Bell 30 Stick**

**EAN:** 8437011373359 **FABRICANTE:** JELLYBELL



Atrion Bell contributes to the maintenance of normal bones.

#### **DESCRIPTION**

**Composition:** Inulin, Lemon flavour, Harpagophytum procumbens dry extract, Meadowsweet (Filipendula ulmaria) dry extract, Boswellia (Boswellia serrata) dry extract, Turmeric (Curcuma longa) dry extract, Quercetin, Bromelain, Zinc gluconate, Rice (Oryza sativa) dry extract, Sweeteners: Sucralose and Steviol glycosides from Stevia rebaudiana dry extract, Copper gluconate.

#### Inulin

It is a type of carbohydrate that has been extensively studied by the pharmaceutical and food industry, which makes its properties very evident, being incorporated into many foods as a substitute for sugar or fat, in others with the aim of improving the texture of the same, making them more pleasant to our senses. Foods rich in inulin are: asparagus, garlic, onion, leek, barley, banana, artichoke, dandelion, chicory root. Inulin belongs to prebiotic foods, which are those that live in the intestine forming the microbiota or intestinal flora, so its main function is to prevent foreign and harmful materials from settling in the intestine, eliminating pathogenic germs that can damage health. Inulin contributes to the assimilation of minerals such as calcium and magnesium, thus collaborating in our bone health. It also reduces gas, prevents constipation and intestinal inflammation, helping with weight loss.

### **Lemon Concentrate**

Among the main virtues of this food are its powerful antioxidant properties, capable of preventing the negative activity of free radicals. Lemon contains almost 30 antioxidant components in addition to vitamin C, such as the flavonoids rutin, hesperidin, naringenin and lutein; beta-carotenes; and caffeic, ferulic or gamma terpinene acids.

Its broad chemical composition gives it multiple uses.

Among them, lemon is one of the best blood purifying remedies by helping to eliminate toxins from the

It has the ability to improve digestion.

## **Devil's Claw**

Harpagophytum is a perennial plant belonging to the Pedaliaceae family. It has been used since ancient times due to its wide spectrum of actions. It has analgesic and anti-inflammatory properties and is often

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associated with the cure of back pain and headaches. The harpagosides contained in its root show great analgesic qualities against tendonitis, osteoarthritis and rheumatoid arthritis. Its analgesic and anti-inflammatory properties have been demonstrated by studies carried out with laboratory guinea pigs, where it is clarified how the analgesic effect is present in peripheral areas with respect to the central part, while in vitro studies have shown how the action of Harpagophytum does not influence the production of prostaglandins, the molecules responsible for pain, as it does not interfere with cyclooxygenases, that is, the category of enzymes that enables their formation. Its anti-inflammatory effect, on the other hand, has been established through preclinical pharmacology studies, which have shown that this action depends on the inhibition of lipoxygenases, a series of enzymes that are responsible for synthesizing compounds called leukotrienes. In light of the proposed studies, the German European Commission has indicated that Harpagophytum procumbens DC represents an optimal treatment for dyspepsia, anorexia and degenerative pathologies of the muscular and skeletal system.

#### **Boswellia**

Boswellia has an anti-inflammatory effect, it is especially interesting when it comes to helping and preventing joint pain, joint discomfort is often caused by inflammation of the tissue that forms the joints. Boswellia is often used in the treatment of chronic diseases such as rheumatoid arthritis or osteoarthritis, as well as in some bowel diseases. Clinical studies have been done for knee osteoarthritis. The text of SILICON DIOXIDE is also missing, to say: Silicon dioxide is a compound of silicon and oxygen which is commonly called silica. In order to keep bones and joints healthy, you can take advantage of the health benefits of silicon dioxide. When nails are brittle, silicon dioxide may be enough to recover them and keep them healthy.

## **Rice Protein**

In Salys, rice protein replaces lactose. Rice provides amino acids that build and maintain tissue, so it forms enzymes, hormones and antibodies. Proteins are energy nutrients because they contain nitrogen and are made up of amino acid units linked by chains. The body does not have the capacity to produce essential amino acids on its own; therefore, they have to be provided by proteins. The eight essential amino acids must be present at the same time and in the necessary quantities for the body to be able to synthesize proteins. In rice, the amino acids are present because they are all found and in the necessary quantities. This makes it a unique food. It is considered one of the best quality proteins.

**Directions:** Dissolve 1 stick in half a glass (100 ml) of water or juice. Take once a day.

