

## Aranbell 30 sticks

EAN: 8437011373380 FABRICANTE: JELLYBELL



*Food supplement for circulation, tired legs and varicose veins.*

### DESCRIPTION

#### Composition:

Inulin, Butcher's broom dry extract (*Ruscus aculeatus*), Forest fruit flavour, Grape dry extract (*Vitis vinifera*), Horse chestnut dry extract (*Aesculus hippocastanum*), Blueberry dry extract (*Vaccinium myrtillus*), Melilot dry extract (*Melilotus officinalis*), Witch hazel dry extract (*Hamamelis virginiana*), Rutin, Rice dry extract (*Oryza sativa*), Sweeteners: Sucralose and Steviol glycosides from *Stevia rebaudiana* dry extract.

#### Rice Protein

In Salys, rice protein replaces lactose. Rice provides amino acids that build and maintain tissue, so it forms enzymes, hormones and antibodies. Proteins are energy nutrients because they contain nitrogen and are made up of amino acid units linked by chains. The body does not have the capacity to produce essential amino acids on its own; therefore, they have to be provided by proteins. The eight essential amino acids must be present at the same time and in the necessary quantities for the body to be able to synthesize proteins. In rice, the amino acids are present because they are all found and in the necessary quantities. This makes it a unique food. It is considered one of the best quality proteins.

#### Blueberry

Antioxidant, rich in vitamins, minerals, anthocyanosides and bioflavonoids (vitamin P) protects circulation.

#### Red Vine

The red vine (*Vitis Vinifera* L.) is a woody shrub closely linked to Mediterranean cultures although it is originally from Asia. It reaches a maximum height of one metre and is cultivated in temperate climates. Its chemical composition includes polyphenols such as flavonoids, tannins and anthocyanins, with great antioxidant and vasoprotective power, organic acids, mineral salts, lipids, tocopherol and vitamin C. The leaves are the part of the vine that has traditionally been used with therapeutic properties, either internally or externally.

Basically, red vine is used to treat circulatory system problems, although it also has a remarkable antioxidant and anti-free radical action. It is a venotonic and vasoprotective agent, which means that it



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increases capillary resistance and decreases vein permeability. It is indicated in cases of varicose veins, hemorrhoids, phlebitis, excessively abundant periods, and relieves venous insufficiency and cutaneous capillary fragility. It is a moderate astringent, which is why it is indicated in some cases of diarrhea. It also helps in cases of painful periods and to cure edema. It can also be used externally to treat varicose veins, phlebitis, and conjunctivitis.

### Inulin

It is a type of carbohydrate that has been extensively studied by the pharmaceutical and food industry, which makes its properties very evident, being incorporated into many foods as a substitute for sugar or fat, in others with the aim of improving the texture of the same, making them more pleasant to our senses. Foods rich in inulin are: asparagus, garlic, onion, leek, barley, banana, artichoke, dandelion, chicory root. Inulin belongs to prebiotic foods, which are those that live in the intestine forming the microbiota or intestinal flora, so its main function is to prevent foreign and harmful materials from settling in the intestine, eliminating pathogenic germs that can damage health. Inulin contributes to the assimilation of minerals such as calcium and magnesium, thus collaborating in our bone health. It also reduces gas, prevents constipation and intestinal inflammation, helping with weight loss.

### Instructions for use:

Dissolve 1 stick in half a glass of water (100 ml) or juice. Take once a day.

