

## Liquid Stevia 60 ml

EAN: 7752494010302 FABRICANTE: INKANATURA



*The natural sweetener par excellence. Inkanat liquid stevia, the authentic stevia from the Amazon.*

### DESCRIPTION

Liquid Stevia, the **natural sweetener** par excellence. Ideal for people who need to control their sugar consumption due to problems linked to metabolic disorders such as diabetes or overweight. From Peru, which is the natural area of origin of Stevia.

The sweet taste of the plant is due to a glycoside called stevioside, composed of glucose and rebaudioside. **Stevia in its natural form is 15 times sweeter than table sugar** (sucrose). And the extract is 100 to 300 times sweeter than sugar.

It does not affect blood sugar levels, on the contrary, studies have demonstrated its **hypoglycemic properties**, it improves glucose tolerance and that is why it is recommended for diabetic patients.

Stevia is important for people who want to lose weight, not only because it will help them reduce their calorie intake, but because **it reduces cravings or the need to eat sweets**.

Stevia is also credited with properties for **controlling blood pressure, as it has a vasodilatory, diuretic and cardiogenic** effect.

### Properties of Stevia:

Contains stevioside (85-95% purity) is a mixture of 8 diterpene glycosides, among which stevioside (50%) and rebaudioside A (30%) predominate, the other glycosides (rebaudioside B, dulcoside A, stevioglycosides, isosteviol and steviol) are present in non-detectable quantities.

### Ingredients:

Dehydrated Stevia rebaudiana leaf, treated water, acidity regulator, citric acid (INS 330), potassium sorbate (preservative, INS 202).

### Instructions for use:

Add 7-10 drops of stevia per cup (approximately 200 ml) to drinks (hot or cold).



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### Liquid Stevia Nutritional Table (for 100 g)

- Energy: 42.5 kcal/ 0.01 KJ.
- Protein: 0 g.
- Carbohydrates: 0 g.
- Of which sugars: 0 g.
- Fat: 0 g.
- Of which saturated: 0 g.
- Sodium: 0 g.

Suitable for **vegans** (does not contain ingredients derived from animals).

