

## Muesli Porridge + 6 Months 250 g

EAN: 7640104953470 FABRICANTE: HOLLE



*Muesli porridge (oats, banana, raspberry, apple) from organic farming.*

### DESCRIPTION

Holle Organic Muesli Porridge is part of a healthy and balanced diet. Composed of: Oats, Banana, Raspberry and Apple.

Source of soluble fiber, B vitamins, carbohydrates and proteins. Very healthy for the nervous system and the brain.

It is the appropriate way to continue complementary feeding for your baby, starting at 6 months.

### What are its advantages?

- **Quick and easy to prepare.**
- **Contains no added sugar or dairy.**
- **A smooth and creamy taste.**
- **Easy to digest.**
- **It can be added to bottle milk or prepared as a cream.**
- **They can be prepared with breast milk, infant formula or water.**
- **Contains vitamins: A, B1, B2, B6, C, E, K**
- **It includes minerals such as silicon, calcium, iron, potassium and phosphorus.**
- **Apple juice is rich in vitamins and pectin.**



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- It offers a significant amount of starch, especially mucilage, high levels of protein and fat.
- No traces of milk
- Contains gluten

### How should I use this product?

First, boil the milk and water together, in quantities of 100 ml each (a total of 200 ml). Allow the mixture to cool to 50°.

Pour the liquid into a plate, add 5 tablespoons of Muesli Porridge (about 25g) and mix the contents well.

Once the mixture is prepared, let it cool until it reaches an optimal temperature for consumption (about 37°).

If in doubt, more specific instructions are on the back of the box.

**On the back of the box there are also more ways to prepare the baby food.**

**Ingredients:** Demeter Whole wheat 82%, whole oats 7%, banana powder 6%, raspberry flakes 3% (raspberry powder, rice\*), apple 2%, vitamin B1 (according to current law).

\*From organic and biodynamic farming.

**Certificates: DEMETER**

