

Androlistica 90 capsules

EAN: 3477280000391 FABRICANTE: HOLISTICA



Food supplement for mature men. Helps to optimize male vitality.

DESCRIPTION

Contains pumpkin and palm heart phytosterols, omega 3 and naturally occurring antioxidant vitamins.

It is a nutritional support pre and post andropause.

Contributes to the balance of fatty acids in the prostate.

Provides Omega 3, 6, 9 and vitamins.

Ingredients

Fish gelatin, pumpkin seed oil (*Cucurbita pepo*) (seed), palm heart pulp oil (*Elaeis guineensis*), humectant: vegetable glycerin, raw onion concentrate (*Allium cepa*) (bulb), wild **fish** oil, borage oil (*Borago off.*) (seeds), Yam extract (*Dioscorea oppositifolia*) (rhizome), sea lettuce (*Ulva lactuca*) (leaves), thickener: beeswax, carotene (*Dunaliella salina*) and vitamin E of natural origin.

Allergens

May contain traces of **molluscs and crustaceans** .

Instructions for use

Three capsules a day with meals provide the necessary amounts to obtain the expected results.

Components of natural origin

- **Cold-pressed pumpkin seed oil**

Its phytosterols have a structure very similar to that of natural steroid sex hormones and are traditionally used for nutritional supplementation in men, especially when they reach fifty years of age. Pumpkin seeds have been used in the preparation of Mastahaleb since ancient Egypt, a highly nutritious recipe intended to provide strength and vitality to men and which also contributes to cooling and helping urination.



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- **Non-hydrogenated oil from palm heart pulp**

Selected for its high natural lauric acid content, non-hydrogenated palm kernel oil is also a source of cell-protecting tocotrienols. Phytosterols from palm fruits are traditionally used for the protection of cell membranes, especially at the level of the prostate.

- **Raw onion concentrate**

Rich in organosulfur nutrients, flavonoids and various antioxidants, this extract is obtained from the concentrated juice of raw onions, opposes the oxidation of phytosterols supplied simultaneously and also participates in the protection of cell membranes, as well as in the protection of blood capillaries.

- **Sea fish oil, rich in Omega 3**

It is well known that fish oil rich in Omega 3 is involved in the proper functioning of the circulation and contributes to the balance of fatty acids in neurons. Currently, studies highlight the protective function of Omega 3 at the level of prostate cells.

- **Borage oil rich in GLA**

Gamma linolenic acid (GLA) is known for its effect on tissue elasticity. With age, the synthesis of GLA decreases in the body, slowing down normal cell renewal, so additional dietary intake is recommended. Borage oil contains the highest concentrations of GLA (twice as much as in evening primrose oil) as well as phytosterols, precursors of sex hormones and DHEA. Remember that sterols constitute these hormones in the body.

- **Yam (Dioscorea) Total Extract**

Rich in the enzymes diosgenin and dioscoretin involved in lipid metabolism, Yam extract contributes to the



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correct transformation of sterols into steroids whose main expression in man is testosterone, at the end of the chain in the transformation of lipids.

- **Sea Lettuce**

This green algae mainly provides minerals and trace elements that participate in the enzymatic functions involved in the protection of tissues in relation to aging.

- **Carotenes vitamin E of plant origin**

Extracted from the Dunaliella algae, natural carotenes are particularly useful antioxidants, combined with vitamin E, also of natural origin, to protect phytosterols from any oxidation, allowing them to reach their nutritional objective in the body intact. These vitamins also contribute to the protection of the body's cell membranes. Recent work has also demonstrated their role in protecting the ocular sphere (at the level of the macula).

