

## Organic Multigrain 400 g

EAN: 4062300201644 FABRICANTE: HIPPI



*HiPP ORGANIC WHOLE GRAIN PORRIDGE. For a balanced and adequate diet, with maximum control and care for the baby. Multigrain. With organic cereals suitable for babies. Exhaustive quality controls. Respects the delicate body of the baby.*

### DESCRIPTION

No added sugar\*. Does not contain milk. Different preparation and use options\*\*. See side panel \*\* Ingredients naturally contain sugars. See side panel \*\* Ingredients naturally contain sugars.

Hipp goes beyond organic: The HiPP Organic Seal guarantees the highest quality and exceeds the legal requirements for organic production.

No GMOs (Genetically Modified Organisms) in accordance with European regulations on organic production.

Eco-packaged product:

Waste paper cardboard

The cardboard and bag can be disposed of separately.

Inks based on vegetable oils and free of petroleum products

The biological quality of HiPP exceeds the standard requirements of the EU Organic Regulation

BIOLOGICAL HR-EKO-07 Agriculture EU/non-EU

Important notes:

For your baby's health, it is important that you follow the preparation and dosage instructions. Prepare food before each meal and feed with a spoon. Do not reuse leftover food.

To avoid the risk of burns, do not heat the porridge in the microwave. Store the container tightly closed in a dry place at room temperature. Consume the contents within 3-4 weeks.

Check with your pediatrician before introducing new foods.



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Do not heat the porridge in the microwave (risk of burns). HiPP ORGANIC products should be consumed as part of a varied and balanced diet and a healthy lifestyle. Breast milk is the best food for your baby. This product is only suitable for special feeding of infants from 6 months of age. Please consult your paediatrician if your baby needs complementary feeding before this age.

### HiPP ingredients:

- Wholemeal flour\* 80% (oats , wheat , barley , spelt , rye\*)
- Wheat semolina\*
- Vitamin B<sub>1</sub> (thiamine mononitrate)

\*organic farming.

**Spelt is a type of wheat.**

### Nutritional information. Average values

**Per 100g** : % of Nutrient Reference Value (NRV)

- **Energy value** : 1,609 kJ / 381 kcal
- **Fats** : 3.9 g
  - of which: Saturated fats: 0.6 g
- **Carbohydrates** : 69.7 g
  - of which: Sugars<sup>1</sup>: 1.8 g

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<https://bio-farma.es/buy/f/hipp/organic-multigrain-400-g>



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- **Dietary fiber** : 9.2 g
- **Proteins** : 12.1 g
- **Salt<sup>2</sup>** : <0.05 g
- **Sodium** : <0.02 g
- **Thiamin (vitamin B<sub>1</sub>)** : 1.5 mg (300%)

**Per serving** \*: % of Nutrient Reference Value (NRV)

- **Energy value** : 622 kJ / 148 kcal
- **Fats** : 4.4 g
  - of which: Saturated fats: 2.3 g
- **Carbohydrates** : 20.0 g
  - of which: Sugars<sup>1</sup>: 5.1 g
- **Dietary fiber** : 2.0 g
- **Proteins** : 6.0 g
- **Salt<sup>2</sup>** : 0.05 g

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- **Sodium** : 0.02 g
- **Thiamin (vitamin B<sub>1</sub>)** : 0.37 mg (74%)

\*Porridge with water and milk: 22 g of product + 100 ml of whole milk (3.5% fat) + 100 ml of water.

<sup>1</sup>Natural sugar content of ingredients.

<sup>2</sup>calculated from the natural content of the ingredients.

Depending on the type of preparation, there may be different nutritional values per serving.

HiPP Multigrain cereals are used as an ingredient to prepare a complete meal (e.g. together with infant milk for the preparation of cereals in the bottle). Saliva may liquefy the product on contact.

### Preparation options:

#### With formula milk:

1. Boil the water and allow to cool to approx. 50 °C. Prepare 200 ml of milk formula (e.g. HiPP 2 BIO COMBIOTIK®).
2. Put 3-4 tablespoons (22 g) of Multigrain Porridge on a plate.
3. Add the prepared formula to the powdered porridge and stir.
4. Allow to swell until desired texture is achieved. Check the temperature before giving to your baby.

### Bottle preparation:

### Preparation suggestions:

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1. Prepare a bottle of milk (breast milk, infant formula or follow-on milk).
2. Add the following recommended amount of product:
  - For a 200 ml bottle - 9 g of powdered porridge (3 tablespoons\* of 3 g).
  - For a 235 ml bottle - 12 g of powdered porridge (4 tablespoons\* of 3 g).
  - For a 250 ml bottle - 15 g of powdered porridge (5 tablespoons\* of 3 g).
3. Check the temperature and give the bottle to your baby immediately.
4. Don't force your baby to finish the bottle. Throw away any leftovers from an unfinished bottle.

\*For your baby's regular infant or follow-on milk \*medium coffee spoon, neither level nor too full: approximately 3 g of product

### Other preparation options:

- **With milk and water porridge** : Put 100 ml of whole milk + 100 ml of water in a saucepan and bring to the boil. Allow to cool to approximately 50 °C. Now follow the instructions from step 2 (see above).
- **As a cereal and fruit puree** : The addition of water is necessary to reduce the protein content of formula milk to a level suitable for children.

