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**Foundation year:** 0

**Country:** ES

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*In Quinta das Cabadas, in Galicia, are the central facilities of Hifas da Terra, a biotech focused on the development of innovative products from fungi.*

### DESCRIPTION

Hifas da Terra is a biotechnology center focused on research and innovation with a high degree of specialization in the development of nutraceuticals from medicinal mushrooms. All of their products from extensive research are made from mushrooms.

### What is Mycotherapy?

It is the application of medicinal mushrooms rich in active biomolecules for the benefit of people's health, well-being and quality of life.

From unique species formulas and specific synergies, Mycotherapy helps to naturally complement integrative treatments and healthy routines.

Medicinal mushrooms are a natural source of active biomolecules with therapeutic properties and health benefits:

- **Beta-glucans** have prebiotic and immunomodulatory activity.
- **GABA** is an amino acid and one of the neurotransmitters studied for its effectiveness as a relaxant.
- **Ergosterol** or Provitamin D2 is the main sterol of medicinal mushrooms with antioxidant properties.
- **Ergothioneine** has antioxidant properties with beneficial effects against autoimmune disorders and cardiovascular protection.  
Natural Statins are commonly used as cholesterol-lowering drugs.
- **Cordycepin** has energizing properties. It has shown benefits by increasing resistance and oxygenation of blood flow in physical exercise.
- Medicinal mushrooms are a natural source of **vitamin D** (D2, D3 and D4), **B vitamins** (B2, B3 and B9), **vitamins C, B1, B12 and E**. They are the only natural ingredients with vitamin D for vegetarians.
- **Erinacines and Hericenones** have neuroregenerative and repairing activity on the



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gastroesophageal mucosa. They promote the synthesis of NGF (Nerve Growth factor) and the myelination of neurons.

- **Terpenes** have anti-inflammatory and antiviral activity.
- **Lectins** have immunomodulatory, antiviral, antiproliferative, and antitumor activity, among others.
- **Linoleic acid** is a healthy polyunsaturated fatty acid from the same family as omega 3 fatty acids.
- **Fatty acids of the Omega 3 series**, are polyunsaturated fatty acids with nutritional value and properties at a cardiovascular and cognitive level, mainly.
- **Minerals**: Medicinal mushrooms are a natural source of essential minerals like Mg, Zn, Se, P, and K.
- **Free Amino Acids** have antioxidant properties.

### PRODUCTS:

	Askorbate K-HdT 70 tablets <b>PVP 33,00€</b>
	Bio Defense 60 capsules <b>PVP 31,90€</b>
	Bio Intestin 60 capsules <b>PVP 27,99€</b>
	Bio Polyporus 60 capsules <b>PVP 27,99€</b>
	Blazei Murrill 180 capsules <b>PVP 71,00€</b>
	Cordy Sin Sport 60 capsules <b>PVP 28,00€</b>
	Cordyceps Vital Powder 100 g <b>PVP 23,25€</b>
	Dr GB 250ml <b>PVP 23,90€</b>
	DR. Immune Five 250 ml <b>PVP 23,90€</b>
	Hericium Digest Superfood Organic Powder 100 g <b>PVP 23,25€</b>
	Maitake 180 capsules <b>PVP 70,99€</b>

	Bio - Intestin 60 capsules <b>PVP 27,99€</b>
	Bio Ganoderma 60 capsules <b>PVP 27,99€</b>
	Bio Intestin 60 capsules <b>PVP 28,00€</b>
	Blazei Honey (Acaia Honey) 320 g <b>PVP 9,50€</b>
	Coprinus 93 capsules <b>PVP 55,00€</b>
	Cordyceps Honey (Acacia Honey) 320 g <b>PVP 9,50€</b>
	Dr GB 250ml <b>PVP 29,80€</b>
	Dr GB 250ml <b>PVP 23,90€</b>
	Dr. Immune Five 250ml <b>PVP 23,90€</b>
	Hericium Digest Superfood Organic Powder 100 g <b>PVP 24,80€</b>
	Mico - Cord Cordyceps Extract 70 capsules <b>PVP 59,00€</b>

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	Mico - Corio 70 capsules <b>PVP 55,00€</b>
	Mico - Digest <b>PVP 308,00€</b>
	Mico - Leo Lion's Mane Extract 70 capsules <b>PVP 59,00€</b>
	Mico - Mix Extract Reishi + Maitake + Shiitake <b>PVP 55,00€</b>
	Mico - Polypor Polyporus Extract 30 capsules <b>PVP 29,80€</b>
	Mico - Repair Serum 100 ml <b>PVP 28,00€</b>
	Mico - Serum 50 ml <b>PVP 62,00€</b>
	Mico - Sol 180 capsules <b>PVP 112,20€</b>
	Mico Cord 15 capsules <b>PVP 19,80€</b>
	Mico Dino Sponge Soap (Reishi & Chocolate) <b>PVP 17,94€</b>
	Mico Leo Eco 15 capsules <b>PVP 19,80€</b>
	Mico Leo Lion's Mane Extratco 70 Vegetable Capsules <b>PVP 59,00€</b>
	Mico Lip Balm Gloss 10g <b>PVP 20,00€</b>
	Mico Mai Maitake Extract 70 capsules <b>PVP 55,00€</b>
	Mico Mix Extract Reishi Maitake Shiitake 70 capsules <b>PVP 59,00€</b>
	Mico Onco 30 doses <b>PVP 236,00€</b>
	Mico Rei 70 capsules <b>PVP 55,00€</b>
	Mico Rei Eco 15 capsules <b>PVP 19,80€</b>

	Mico - Corio 70 capsules <b>PVP 55,00€</b>
	Mico - Leo Lion's Mane Extract 70 capsules <b>PVP 59,00€</b>
	Mico - Mai Maitake Extract 70 capsules <b>PVP 55,00€</b>
	Mico - Pneumo 30 doses <b>PVP 308,00€</b>
	Mico - Polypor Polyporus Extract 70 capsules <b>PVP 59,00€</b>
	Mico - Rt Reishi and Cordyceps Serum 150 ml <b>PVP 40,80€</b>
	Mico - Shii Shiitake 70 capsules <b>PVP 55,00€</b>
	Mico - Vir+ Vitamin C - Reishi and Cordiceps 70 capsules <b>PVP 55,00€</b>
	Mico Cord 30 capsules <b>PVP 29,80€</b>
	Mico Five and Chaga 70 capsules <b>PVP 59,00€</b>
	Mico Leo Eco 30 capsules <b>PVP 29,80€</b>
	Mico Lip Balm 10g <b>PVP 20,00€</b>
	Mico Mai Eco 30 capsules <b>PVP 29,80€</b>
	Mico Mix Eco 30 capsules <b>PVP 29,80€</b>
	Mico mom <b>PVP 257,00€</b>
	Mico Rei 70 capsules <b>PVP 59,00€</b>
	Mico Rei and Vitamin C Eco 70 tablets <b>PVP 59,00€</b>
	Mico Rei Eco 30 capsules <b>PVP 29,80€</b>

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	Mico Rei Vitamin C Eco 70 Capsules <b>PVP 59,00€</b>		Mico Serum Treatment 150 ml <b>PVP 52,01€</b>
	Mico Shii Eco 30 capsules <b>PVP 29,80€</b>		Mico Soap Energizing and Soothing <b>PVP 8,00€</b>
	Mico Sol Eco 30 capsules <b>PVP 29,80€</b>		Mico Sol Eco 70 capsules <b>PVP 59,00€</b>
	Mico Vir Vitamin C Reishi and Cordyceps 70 capsules <b>PVP 55,00€</b>		Mico-Five 70 Capsules <b>PVP 59,00€</b>
	Mico-Polypor Pure Polyporus Extract 70 Capsules <b>PVP 59,00€</b>		Micolift For Men 30 ml <b>PVP 89,00€</b>
	Micolift For Women 30 ml <b>PVP 89,00€</b>		Organic Shiitake 60 capsules <b>PVP 27,99€</b>
	Reishi - Honey (Reishi & Chestnut Honey) 320 g <b>PVP 9,50€</b>		Reishi Antiox 100 g Eco <b>PVP 24,80€</b>
	Reishi Antiox Superfood Organic Powder 150 g <b>PVP 59,00€</b>		Reishi Argan Red Clay and Coconut Soap <b>PVP 8,00€</b>
	Reishi Calendula and Lemon Soap <b>PVP 8,00€</b>		Reishi Propolis and Vanilla Soap <b>PVP 8,00€</b>

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