

## Leva Germ 450 tablets

EAN: 8436024230369 FABRICANTE: HERDIBEL



*Brewer's yeast, in addition to being nutritious, is detoxifying and purifying, which is why it is recommended in cases of acne and for purifying cures.*

### DESCRIPTION

Brewer's yeast is rich in proteins of high biological value (50%), carbohydrates (35%), minerals such as potassium, phosphorus, magnesium, selenium and calcium (10%) and B complex vitamins, particularly B1 (thiamine).

Brewer's yeast, in addition to being nutritious, is detoxifying and purifying, which is why it is recommended in cases of acne and for purifying cures. Wheat germ is rich in proteins, fats, amino acids, minerals (sodium, potassium, calcium, phosphorus, magnesium, iron and fluorine) and vitamins (A, E, B1, B2, B3, B6).

Of all foods, wheat germ is the one that comparatively offers the highest amount of vitamin E (0.6g vit E/ 100g germ oil).

Vitamin E is a powerful antioxidant that protects our body from cellular oxidation and premature aging. After brewer's yeast, it is the food that contains the most folic acid.

### What is the method of use of Leva Germen?

4-5 tablets a day, preferably on an empty stomach.

### What are the ingredients of Leva Germen?

- 325 mg brewer's yeast.
- 175 mg of wheat germ.
- 100 mg of microcrystalline cellulose.

