

Lemon Essential Oil Eco 10 ml

EAN: 8428201500365

FABRICANTE: HERBES DEL MOLI



Botanical name: Citrus lemon. Origin Spain. Main active ingredients (chemotype): Limonene. Part of the extracted plant: Fruit peel.

DESCRIPTION

MAIN PROPERTIES:

- Antibacterial.
- Antiseptic.
- Antiviral.
- Blood fluidifier.
- Purifying.
- Digestive and carminative

Synergy for concentration:

Ingredients :

- 10 drops Lemon Essence.
- 5 drops AE Romero Cineol.
- 2 drops AE Mint.

Application :

Put the previous mixture directly into the diffuser and turn it on for 30 minutes before starting to study, work or simply use it as an atmospheric diffusion at home.

GENERAL TIPS:

Do you lose concentration? Do you stuff yourself with food and then feel heavy afterward?

This is your essential oil because it will help you concentrate and digest correctly. Ideal as a complement to weight loss diets and also in diffusion to help concentration and clean the environment in periods of contagion.

Specific contraindications:



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Photosensitizer, so you should not use it within 6 hours before sunbathing. It can be irritating, so it is advisable to always dilute it to a maximum of 50% with a vegetable oil. Avoid if blood thinners are taken.

