

Lavender Officinalis Eco Essential Oil 10 ml

EAN: 8428201500334 **FABRICANTE:** HERBES DEL MOLÍ



Botanical name: Lavandula angustifolia. Origin Spain. Main active ingredients (chemotype): Linalol, Linalyl acetate. Part of the extracted plant: Stems, spikes and flowers.

DESCRIPTION

MAIN PROPERTIES:

- Antispasmodic.
- Analgesic.
- Pain relieving.
- Antidepressant.

Perfume to combat insomnia:

Ingredients :

- 15 drops AE Lavender.
- 3 drops AE Incense.
- 12 drops Tangerine Essence.
- 10 ml. AV Jojoba.

Application :

Before going to sleep, apply to the inside of your wrists and breathe deeply three times, also apply to the solar plexus, the soles of your feet and happy dreams!

GENERAL TIPS:

One of the essential oils whose biochemistry does justice to its popularity to calm, relax, in cases of insomnia, calm down and find balance.

