

Eco Marjoram Essential Oil 10 ml

EAN: 8428201500402 FABRICANTE: HERBES DEL MOLÍ



Botanical name: Thymus mastichina. Origin Spain. Main active ingredients (chemotype): 1,8-Cineol. Part of the extracted plant: stems and leaves.

DESCRIPTION

MAIN PROPERTIES:

- Antiviral and antibacterial.
- Expectorant and balm.
- Respiratory.
- Immune stimulant.
- Mucolytic.

Nasal stick to breathe better:

Ingredients:

- 10 drops. AE White thyme.
- 1 drop. AE Peppermint Piperita.
- 4 drops. AE Romero cineol.

Preparation :

Put the 15 drops of essential oils on the cotton of the nasal stick and allow it to be absorbed, then close hermetically.

Application :

Breathe from the stick through each nostril consciously and deeply, as many times as necessary, a maximum of 6 times a day.

GENERAL TIPS:

Why choose white thyme for colds, colds and flu?

For its properties, but above all for its countryside aroma, for the sensation of breathing pure air, to "widen" the lungs and at the same time alleviate nasal congestion, shortness of breath, cough...

