

Bergamot Eco Essential Oil 10 ml

EAN: 8428201500075 **FABRICANTE:** HERBES DEL MOLÍ



BIO Bergamot essential oil. Botanical name: Citrus Bergamia. Origin: Italy. Main active ingredients (chemotype): Limonene. Part of the extracted plant: Fruit.

DESCRIPTION

MAIN PROPERTIES:

- Antispasmodic.
- Digestive, laxative and carminative.
- Relaxing of the nervous system.

GENERAL TIPS:

Ideal in cases of an altered nervous system, especially if there are also digestive problems and/or lack of appetite.

In cases of stress and/or anxiety:

Put 15 drops of bergamot essence in the diffuser in the office, living room, office or bedroom.

Specific contraindications:

Photosensitizing, so its use is not recommended 6 hours before sun exposure. Do not use if you are undergoing an oncological process and especially if you are undergoing chemotherapy treatment.

