

# Folic acid 400 mcg 90 tablets

EAN: 5019781010806 FABRICANTE: HEALTH AID



Folic acid is a food supplement from Health Aid laboratories, based on folic acid. Folic acid contributes to normal psychological function, the normal functioning of the immune system, the growth of maternal tissues during pregnancy, the normal synthesis of amino acids, the normal formation of blood cells and the normal metabolism of homocysteine.

## DESCRIPTION

## What is folic acid?

Folic acid is a necessary food supplement for women who want to conceive a child or who are in the first trimester of pregnancy.

## What is folic acid for?

- For women who wish to become pregnant or are in the first trimester of pregnancy.
- For women with heart disease.
- For those with a low red blood cell count.

#### What is the composition of folic acid?

One Health Aid Folic Acid tablet contains 400 micrograms of folic acid. It also has fillers (calcium phosphates, cellulose), anti-caking agents (magnesium stearate, fatty acids, silicon dioxide).

#### How should I take folic acid?

You should take one tablet a day, with a glass of water. young people over twelve years of age can also take one tablet a day, with a glass of water.

### Does folic acid contain allergens?

Health Aid Folic Acid contains no added salt or sugar. Contains no yeast, wheat, soy or dairy products. Free from colors, preservatives and artificial flavors. It is suitable for vegans and vegetarians. It does not contain gluten, so it is suitable for celiacs.

> Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241121 https://bio-farma.es/buy/f/health-aid/folic-acid-400-mcg-90-tablets

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