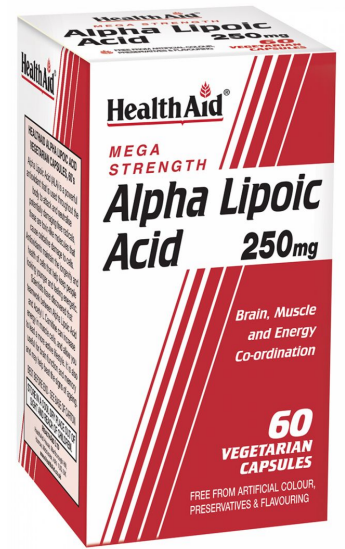


Alpha lipoic acid 250 mg 60 capsules

EAN: 5019781000197 **FABRICANTE:** HEALTH AID



Alpha lipoic acid is a food supplement from Health Aid laboratories, based on lipoic acid, which contributes to the protection of cells against oxidative damage.

DESCRIPTION

What is alpha lipoic acid?

It is an antioxidant, which contributes to the protection of cells against oxidative damage.

What is alpha lipoic acid used for?

- For people with metabolic syndrome or prediabetes.
- For the prevention of complications such as neuropathy, nephropathy, cataracts, in patients with diabetes.
- For prevention of premature aging and degenerative diseases.
- For those with fatty liver.
- Very suitable for older people in order to support cognitive function, that is, memory.

What is the composition of alpha lipoic acid?

One alpha lipoic acid capsule contains 250 mg of alpha lipoic acid.

How should I take alpha lipoic acid?

In adults and young people over twelve years of age, one capsule a day should be taken with a glass of water. If required, it can be increased to two capsules a day.

Does alpha lipoic acid contain allergens?

It does not contain salt or added sugars. It does not contain yeast, wheat, soy, corn or dairy derivatives. Free from colors, preservatives and artificial flavors.

It is suitable for vegetarians and vegans.

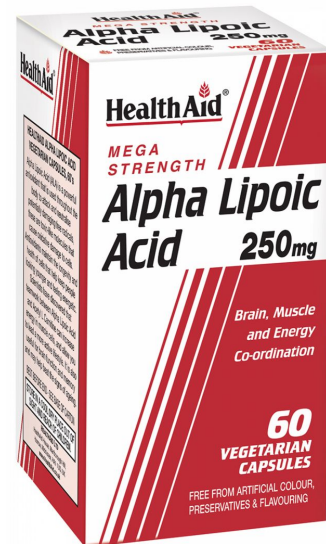
It does not contain gluten, so it is suitable for celiacs.





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Should I take any precautions before taking alpha lipoic acid?

No contraindication has been expressed.

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241218
<https://bio-farma.es/buy/f/health-aid/alpha-lipoic-acid-250-mg-60-capsules>

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