

Vitamin C Complex 1g 90 Tablets

EAN: 8431081009255

FABRICANTE: GHF



Food supplement that increases the body's defenses in case of flu processes.

DESCRIPTION

Vitamin C is involved in collagen synthesis, protecting against free radicals and preventing premature aging. It is also involved in the synthesis of antibodies essential for the treatment of influenza processes.

Properties and benefits of Vitamin C complex

It facilitates the absorption of other nutrients such as iron.

Flavonoids are generally found in lemon and orange peels and are bitter-tasting compounds that are necessary for maintaining the health of blood vessel walls. They are also known as the vitamin C complex. Acerola fruit has 20 to 30 times more vitamin C than an orange. It is also rich in vitamin B6, vitamin B1, vitamin A, flavonoids and essential minerals such as iron, calcium, phosphorus, potassium and magnesium.

Instructions for use

It is recommended to take 1 tablet a day.

Composition of Vitamin C Complex

Fructooligosaccharides (Chicory (*Cichorium intybus* L., root)), bamboo fibre (*Bambusa bambos* L., stem), bulking agent: calcium phosphate (E 341), rosehip extract (*Rosa canina* L., flower), citrus flavonoid extract (*Citrus aurantium* L., fruit), L-ascorbic acid (vitamin C), acerola dry extract (*Malpighia punicifolia* L., fruit), anti-caking agents: silica (E 551) and magnesium stearate (E 470b).

For 1 tablet:

Vitamin C (80 mg), Rosehip extract (130 mg) of which vitamin C (65 mg), Citrus flavonoids (80 mg) of which synephrine (4.8 mg), Acerola extract (65 mg) of which vitamin C (32.5 mg).

