

Menstrual Cup S/M 25 ml

EAN: 769602441290

FABRICANTE: GAIA CUP



The Gaia Cup is a container made of 100% hypoallergenic medical silicone that is inserted into the vagina during your period to collect menstrual flow.

DESCRIPTION

Features of the Gaia Cup Menstrual Cup

- Made with 100% hypoallergenic medical silicone, which guarantees pH balance and does not dry out the vaginal walls.
- Capacity of 25 to 30 ml (x3 regular tampons). Protects you up to 12 hours!
- A Gaia Cup lasts between 7 and 10 years and becomes cheaper than pads or tampons after the fourth month.
- Zero waste.

SIZE GUIDE

Size S/M

I am between 12 and 30 years old and I have not had a vaginal birth.

Size L

I am over 30 years old and/or have had a vaginal birth.

How to use the Gaia Cup menstrual cup?

- Before using the Gaia Cup, sterilize it for 3 minutes in boiling water and wash your hands.
- Check that the vacuum suction holes are not blocked and fold the cup lengthwise.
- Relax your muscles and insert the cup obliquely towards the bottom. Release it so that it opens and

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adheres to the vaginal walls.

- After 5-12 hours (depending on your flow), remove the cup. Pull the handle, you can use the muscles of the vagina to press it and expel it.
- Pour the contents of the cup into the toilet, rinse it with water and replace it.

