

Sys Tiglio (Lime Tree) 50 ml

EAN: 8023966700700

FABRICANTE: FORZA VITALE



Linden Food Supplement, promotes relaxation in case of stress.

DESCRIPTION

Linden flowers are usually collected to prepare an aromatic and refreshing herbal tea.

It is not true that the sudorific effect is only due to hot water, as it has been proven that the flow of sweat increases even when drinking cold linden tea.

However, the sudorific effect has not yet been justified on the basis of the substances it contains. However, it has been proven that this plant promotes sweating and has a soothing effect on colds, coughs and respiratory tract catarrhs.

Traditionally, linden flowers are also used as a remedy for the bladder and kidneys. They contain mucilage (10%), tannins (2%), flavonoids (quercetin and kempferol glycosides, 1%), and essential oil.

Ingredients: Water, alcohol, Linden (*Tilia platyphyllos* Scop.) flowers 20%, honey.

