



*Serenoa Food Supplement, promotes prostate function.*

### DESCRIPTION

The main components of Serenoa are free fatty acids with their corresponding ethyl esters; sterols and lipids.

Among the free fatty acids, we find the following acids: oleic, lauric, myristic, palmitic, linoleic, caffeic, caprylic, palmitoleic, stearic and linolenic. The main sterols include  $\alpha$ -sitosterol, stigmasterol and dancosterol. In pharmacopoeias and in traditional medicine systems, it is used as a diuretic and for the treatment of prostatic hypertrophy.

Experimental pharmacology studies have indicated spasmolytic, anti-inflammatory, and immunostimulant activity.

The North American Indians produced fermented juices from the fruits, which they took as aphrodisiac drinks.

Good results will be obtained by alternating it with Epilobium.

Treatments with saw palmetto fruits do not produce any side effects.

**Ingredients:** Water, alcohol, Serenoa (*Serenoa repens* Small.) fruits 20%, honey

