



*Parthenium Food Supplement, helps to contrast localized stress states.*

### DESCRIPTION

Parthenium has been used since ancient times to relieve menstrual pain.

The most important active ingredients are sesquiterpene lactones, the main of which is

It is a parthenolide, whose biological effects are the following:

- a) reduction of smooth muscle excitability (vasoconstriction) in the presence of inflammatory mediators;
- b) inhibition of prostaglandin synthesis;
- c) reduction of exocytosis (superior to non-steroidal anti-inflammatory drugs); and
- d) interaction with the serotonin synthesis and reception pathways.

Clinical studies conducted on the application of parthenium mainly concern its therapeutic activity in migraines. A major study on migraine prevention has shown a reduction in the frequency of attacks and their intensity.

Traditional adjuvant for the prevention of headaches and migraines, also for the prevention of painful menstruation.

Monoterpenes, flavonoids and polyacetylenes have also been identified.

**Ingredients:** Water, alcohol, Parthenium (Tanacetum parthenium Sch. Bip.) tops 20%, honey.

