



*Coriander Food Supplement, promotes digestive function.*

### DESCRIPTION

Cilantro is best known for its use in food (sauces and condiments) and as a liquor (vermouth and bitters), thanks to its highly aromatic characteristics; which make it irreplaceable due to its ability to reduce and eliminate intestinal fermentation forms, in addition to sedating colitic forms, and it contributes to reducing diarrheal phenomena.

Coriander can therefore be considered one of the most helpful plants for those who often have digestive difficulties and/or diarrheal symptoms, mainly due to somatic manifestations of stress. It is a traditional adjuvant for dyspeptic disorders (sense of gastric fullness, slow digestion, and/or gastric spasms), and for irritable bowel disorders (diarrhea, intestinal spasms, and flatulence).

Its fundamental constituent is the essential oil that contains 60-70% Linayol, and 20% monoterpene hydrocarbons ( $\alpha$ -pinene, limonane,  $\gamma$ -terpinene,  $p$ -cinene, camphor, etc.).

### Ingredients

Water, alcohol, Coriandolo (*Coriandrum sativum* L.) fruits 20%, honey.

### Instructions for use

Adults (Recommended dosage for subjects of normal weight) 25 drops 3 times a day.

Up to 12 years (Recommended dosage for subjects of normal weight) 10 drops 3 times a day.

