



*Artichoke Food Supplement, promotes digestive and liver function.*

### DESCRIPTION

The artichoke has always been associated, due to its bitter taste, with digestive and hepatic functions. In fact, it is a stimulant of hepatic and biliary functions due to the presence of I-diferol and flavonoids. Its main components are: flavonoids, including cynaroside, responsible for the protective activity against the liver parenchyma; phenolic acids whose metabolic effects on the tissues promote diuresis and elimination of waste; tannins and inulin (a sugar that is easily eliminated by our body and therefore useful for diabetics).

This plant has diuretic, aperitif, digestive, tonic, eupeptic, blood purifying properties, and is a liver tonic. The leaves of the plant are used. This plant can be useful as an adjuvant in liver failure, jaundice, cirrhosis of the liver, gallstones, gout, rheumatism, hypercholesterolemia, and water retention.

**Ingredients:** Water, alcohol, Artichoke (*Cynara scolymus* L.) leaves 20%, honey.

