



Boldo Food Supplement, promotes digestive and liver function.

DESCRIPTION

The Boldo tree, which reaches a height of 6 metres, is native to Chile, where it grows on dry, sunny slopes. The leaves contain, among other things, boldine, which stimulates the secretion of gastric juices and bile. In the background, the active substances contained in boldo leaves, such as essential oils and flavonglycosides that stimulate kidney activity.

The main chemical components of Boldo are represented by aporphinic alkaloids, such as boline, a volatile oil containing ascaridole, cineole and p-cinene, curarine, resin and tannins.

Boldo has diuretic effects, attributed to the essential oil; and choleric effects, due to bolina. Associated with rhubarb, gentian, artichoke and alternating with milk thistle and devil's claw, it is useful against hepatobiliary disorders, dyspepsia and cramps in the stomach and intestine.

Ingredients: Water, alcohol, Hawthorn (*Crataegus oxyacantha Medicus*) leaves and flowers 20%, honey.

