

Sys Agnocasto 50 ml

EAN: 8023966700779

FABRICANTE: FORZA VITALE



Food supplement of Chasteberry, facilitates the natural balance of the menopause.

DESCRIPTION

Ingredients

Water, alcohol, Chasteberry (*Vitex agnus-castus* L.) fruits 20%, honey.

Bibliographic Notes

Chasteberry fruits are traditionally known for their anaphrodisiac effect on men, so much so that they are called monks' pepper, since it seems that monks used this remedy to help them face the vow of chastity. However, in addition to being a remedy for monks, chasteberry is a precious aid for women: it has been proven that, even though it does not contain female hormones, it has the ability to rebalance their secretions. Numerous clinical studies have shown that it is particularly useful for combating symptoms that appear during menopause or, in the case of many women, before the menstrual cycle.

It is traditionally used as an adjuvant in disorders related to menopause and premenstrual discomfort: hot flashes, water retention, irritability, anxiety, insomnia, abdominal swelling.

Contains essential oil (pinene and cineole), flavonoids, iridoids, steroids, sesquiterpenes and polyphenolic compounds.

RECOMMENDED DOSAGE

Adults (Recommended dosage for subjects of normal weight) 25 x 3 drops x times a day

Up to 12 years (Recommended dosage for normal weight subjects) 10 x 3 drops x times a day

