



*Aquilea Food Supplement, helps counteract menstrual cycle disorders.*

### DESCRIPTION

Yarrow contains various active ingredients, including achilleine, which is suitable for controlling highs and lows in blood pressure and establishing normal blood circulation. The same active ingredient also improves digestive and liver functions.

The plant also contains sesquiterpene lactones, flavonoids and some salicylic acid, which have a strong anti-inflammatory action (particularly at the level of connective tissue).

It has tonic-astringent properties (capable of stopping hemorrhages and beneficially stimulating the entire organism).

The antispasmodic power of the plant is provided by vitexin and the alkaloids it contains; the cholagogue power is also very active.

Its activities act mainly at the genital, cutaneous and gastrointestinal levels.

The plant is also commonly called yarrow. It can be useful as an adjuvant in gastritis, gastric and intestinal spasms, uterine spasms, menopausal disorders, arteriopathies, adnexitis, blood hypocoagulability, metrorrhagia, uterine fibromatosis, acute diarrhea, hemorrhoids.

**Ingredients:** Water, alcohol, Yarrow (*Aquilea millefolium* L.) tops 20%, honey

