

## Quietis (Melissa Composta) 100 ml

EAN: 8023966100418

FABRICANTE: FORZA VITALE



*Food supplement of Chamomile, Hops and Hawthorn that promote mental well-being.*

### DESCRIPTION

The sedative action of Valerian is based on a mechanism of action that involves the gamma-amino-butyric acid (GABA) system and the benzodiazepine receptor.

Valerenic acid, present in its essential oil, has a spasmolytic and muscle-relaxing action.

Passionflower is credited with sedative, antispasmodic and anxiolytic properties.

Flavonoids (1.5 to 2.5%) have a sedative action on the central nervous system.

Linden is also useful for rheumatism, diabetes, lumbago, cellulite, dermatopathies, obesity, gallbladder disease, and uricemia.

Chamomile contains bisabolol, which is protective against ulcerative lesions of the stomach and duodenum and gastritis. Apigenin and its glucosides, contained in the plant, have a spasmolytic and sedative action almost three times greater than that of papaverine.

It is therefore useful as an anti-inflammatory and antispasmodic of the gastrointestinal tract, as well as a sedative.

Melilot is effective for phlebitis, varicose veins, neuralgia, nervousness, migraines, heavy legs, cystitis, conjunctivitis and blepharitis.

Hops are useful for anxiety, anorexia, insomnia, hyper-excitability, urinary tract infections, and difficult digestion.

Melissa has antispasmodic and sedative properties due to its flavonoid and triterpene content.

Hawthorn has a sedative and muscle-relaxing action; it is particularly indicated in cardiac erethism associated with insomnia and in the treatment of neurotonic states characterized by excessive emotionality and anxiety.

**Ingredients:** Water, Alcohol, Valerian (*Valeriana officinalis* L.) rhizome, Passionflower (*Passiflora incarnata* L.) tops, Linden (*Tilia tomentosa* Moench) flowers, Chamomile (*Matricaria chamomilla* L.) flowers, Melilot (*Melilotus officinalis* Pallas) tops, Hops (*Humulus lupulus* L.) flowers, Melissa (*Melissa officinalis* L.) leaves 5%, Hawthorn (*Crataegus oxyacantha* Medicus) leaves and flowers, honey, Melissa (*Melissa officinalis* L.) essential oil, mixture of natural flavours.

