

## Prima Essenza Cumino Complex 10 ml

EAN: 8023966500027    FABRICANTE: FORZA VITALE



*Cumin essential oil dietary supplement.*

### DESCRIPTION

An essential oil is extracted from the fruits of *Cuminum cyminum* (Umbelliferae), which has cumin aldehyde as its predominant component (35%); it also contains pinene, terpinene, cymene, phellandrene, and cineole.

It plays a significant regulatory role in gastrointestinal function, stimulating gastric secretion, facilitating digestion, with antispasmodic action; it eliminates intestinal gas, sedating colic and abdominal cramps, even of nervous origin.

Cumin helps stimulate appetite, facilitate digestion, soothe nervous gastralgia, combat halitosis, aerophagia and meteorism, and increase the rise of breast milk. It is an effective stimulant that has excellent aperitif and digestive properties, similar to those of anise and fennel seeds.

The essential oil has depressant activity on the CNS determining muscle relaxation and analgesic effect.

### Aromatherapy references:

Mercury (Western astrology: Gemini, Virgo). Lively, quick-witted, always present in good and bad times, Mercurial people seem to manifest their desire for prominence also with continuous and long-lasting inflammations accompanied by intermittent fevers. They tend to be unstable individuals, vulnerable and predisposed to illnesses, even acute but not serious ones.

**Ingredients:** Alcohol, Cumin (*Cuminum cyminum* L.) ae 5%.

