

Mirtilio Composto 25 g

EAN: 8023966200446

FABRICANTE: FORZA VITALE



Gymnema Food Supplement, helps control carbohydrate metabolism.

DESCRIPTION

Gymnema, which has a hypoglycemic action, has been used for centuries in India to reduce blood sugar in diabetic patients. Indeed, it has been noted that the phytocomplex of this plant is able to lower blood sugar in a statistically significant way, acting on the absorption of glucose at the intestinal level. In fact, the gymnemic acid molecule is similar to that of glucose, being larger in size, therefore able to bind to the receptors dedicated to the absorption of glucose, located on the intestinal villi, thus reducing the receptor-glucose bond that is an essential condition for the absorption of this sugar.

This blockage is established rapidly (in approximately 60 minutes) and lasts for 5-6 hours, thereby inhibiting the absorption of sugars by approximately 50%. The integration of gymnema restores normal levels of glycosylated haemoglobin, esuronic acid, esosamines, sialic acid, hyaluronic acid and some of their intermediate products, which increase significantly in diabetic patients.

Blueberry contains hypoglycemic components, neoarandin (composed of 7 anthocyanin monoglucosides derived from delphinidin, petunidin, malvidin and cyanidin) and chromium. It has been shown that it can lower blood sugar by 10% in laboratory mice with chestnut diabetes (Gerhard, Kraus and Slijepcevic).

Chromium is, in fact, a defined glucose tolerance factor, eliminating the symptoms of type 2 diabetes mellitus, caused by chromium deficiencies.

Blueberry leaves contain 9 parts per million of chromium, one of the highest contents in the plant kingdom.

The hypoglycemic action of Galega is due to its active ingredient, galeguina, which together with chromium salts, contribute to a reduction in the intestinal absorption of the rate of sugar in the blood and reduce the production of glucose.

Researchers from the Metabolism/Nutrition Unit of the San Raffaele University Scientific Institute, in collaboration with the Departments of Sport,

The Department of Nutrition and Health and the Department of Agro-Food Molecular Sciences of the Università degli Studi di Milano have studied the properties and applications of the protein contained in Lupine for the treatment of type 2 diabetes.

The study, published in the journal Nutrition, Metabolism & Cardiovascular Diseases, shows that conglutin-g, a glycoprotein abundant in lupine seeds, has important insulin-mimetic properties that can contribute to improving glucose metabolism.



Mirtilio Composto 25 g

EAN: 8023966200446

FABRICANTE: FORZA VITALE



Ingredients: Extracts and Powders of: Gymnema (Gymnema sylvestre R. Br.) leaves, microcrystalline cellulose, Blueberry (Vaccinium myrtillus L.) leaves 16.25%, Galega (Galega officinalis L.) aerial parts, Lupine (Lupinus spp.) seeds, vegetable magnesium stearate.

