



Food supplement of Valerian, Melilot and Passionflower that promotes physiological relaxation.

DESCRIPTION

Valerian has a sedative effect, based on a very precise chemical interaction, which involves the action pathway of a neurotransmitter, GABA (gamma-aminobutyric acid) which also involves the receptor for benzodiazepines. The essential oil also contains a compound, valerenic acid, which, being endowed with a spasmolytic action, can act directly on the muscle, causing its relaxation. Passionflower, on the other hand, is a plant that contains numerous active ingredients useful in anxiety and stress states. Its calming power is in fact due to the combined actions of indole alkaloids such as arman, armol and harmine with flavonoids such as vitexin, isovitexin, hyperoside and saponarin; also useful as an antispastic and as a sedative. Chamomile has always been used as a mild sedative, thanks to its components that make it useful in all cases of stress, nervousness and frequent states of anxiety, or panic attacks; it also has a slight hypnotic power.

Hops are an medicinal plant with ancient healing connotations. They contain many active ingredients with a broad spectrum of action. Indeed, they contain bitter substances, polyphenols, phytoestrogens and essential oils. These compounds are useful in cases of nervous gastritis, as well as in stimulating appetite and regulating gastric secretions. This plant also has eupeptic, anaphrodisiac, soothing and antispasmodic properties.

Melissa, a plant with anti-inflammatory and antispasmodic properties, contains numerous active molecules, including flavonoids such as cimaroside, ramacin, cosmosin and isoquercitrin; and triterpenes such as ursolic, oleanolic and pomolic acid. This plant also has a carminative action useful for menstrual pain, neuralgia, cramps, nausea and flatulence; its essential oil acts as a calming agent on the nervous system.

Linden, with its large amount of active ingredients such as flavonoids and polyphenols, is an excellent rebalancer of the neuro-vegetative system.

Melilot, whose chemical compound present in the greatest quantity in its structure is coumarin, is an excellent adjuvant in the treatment of mild digestive problems; it is also useful in sleep disorders.

Escolcia is rich mainly in protopine, cryptopine and aporphine; other important chemical compounds for their sedative properties are benzolisoquinolytic alkaloids and flavonoids such as quercetin, phytosterols and carotenoids. All these substances, in addition to having a direct calming and sedative action on the nervous system, also act as antispastic, balsamic and antiseptic. Therefore, the fields of application of escolcia are multiple and range from simple treatment

from anxiety to stress reduction, from muscle relaxation to use as a sedative for overly active peristalsis.

Poppy contains alkaloids such as readin, reaginine, rearubin I and II, tannins, mucilages, dyes and





anthocyanins in its structure. It is famous for its bechic and hypnotic properties. The presence of alkaloids gives the poppy sedative and slightly narcotic properties; it is very useful as a calming agent in states of anxiety and irritation.

Primrose belongs to the Primulaceae family and is recommended for its sedative and analgesic action, which is why it is considered a sedative and a powerful anti-inflammatory. It is useful against insomnia and migraines. The chemical composition of its flowers mainly includes compounds called triterpene saponins, the best known of which are primulin and primulic acid; flavonoids such as gasipetin, kempferol-diramnoside and quercetin are also present. The flowers of the plant are mainly used, as they are used in states of strong nervousness. Other actions include expectorant and mucolytic.

Silver-Vitale® is a special spagyric-chemical preparation. The plants chosen for this formula are characterised by an unusual macrocosmic energy and, chemically, are composed of special colloidal elements. These elements ensure the effect of the product on the system concerned, guaranteeing a correct delivery of the biochemical compounds and, on the other hand, preserving the energetic stability of the spagyric product.

Ingredients

Water, alcohol, Escolcia (*Eschscholtzi californica* Cham.) whole plant, Valerian (*Valeriana officinalis* L.) rhizome, Poppy (*Papaver rhoeas* L.) petals, Chamomile (*Matricaria chamomilla* L.) flowers, Melilotus (*Melilotus officinalis* Pallas sumidades, Yarrow (*Aquilea millefolium* L. sumidades), Passiflora (*Passiflora incarnata* L.) tops, Hops (*Humulus lupulus* L.) flowers, Lemon balm (*Melissa officinalis* L.) leaves, Mullein (*Verbascum thapsus* L.) flowers, Primrose (*Primula veris* L.) flowers, Hawthorn (*Crataegus oxyacantha* Medicus) leaves and flowers, Valerian (*Valeriana officinalis* L.) ae, honey, mixture of natural aromas.

Instructions for use

Adults (Recommended dosage for subjects of normal weight) 25 drops 3 times a day. Dilute in water with a little water or sublingually

Up to 12 years (Recommended dosage for normal weight subjects) 10 drops 3 times a day. Dilute in water with a little water or sublingually.

