

Lavender Quinta Essence 10 ml

EAN: 8023966600246 FABRICANTE: FORZA VITALE



Food supplement with lavender essential oil.

DESCRIPTION

The essential oil of *Lavandula officinalis* contains mainly monoterpenes, the most important of which is linalyl acetate; it also contains linalool, ocimene, cineole and camphor. It is a natural antibiotic, antiseptic, antidepressant, sedative and purifying. It also stimulates the immune system and speeds up the healing process in case of wounds, promoting cell regeneration and preventing the formation of scars. It has sedative and anxiolytic activity, which is why it is used in the symptomatic treatment of anxiety states, both in adults and children, and in sleep disorders. Recent electroencephalographic studies have demonstrated a neurosedative and relaxing activity when used by inhalation, which indicates that even small doses of this plant have a notable influence on brain activity. It acts on the nervous system, normalizing both depression and overexcitement, finally eliminating the feeling of tiredness.

Aromatherapy references

In this beautiful plant, Mercury and Moon meet. Mercury rules the peripheral nervous system and Moon the central nervous system. Especially useful for disorders in Taurus or Aquarius, caused by the weakness of Mercury. In the opinion of Paracelsus (and other authors, perhaps emulating the Master), it seems to be a plant of Lunar archetype. In fact, it lends itself to the configuration "Moon in Scorpio" when there are disorders in the sign of Taurus.

Ingredients: Alcohol, Lavender (*Lavandula officinalis* Chaix.) ae 5%.

