



*Symbiotic of prebiotics and probiotics.*

### DESCRIPTION

Florafit is a **symbiotic** food supplement, based on prebiotics and probiotics, particularly recommended in the presence of **intestinal disorders** due to an alteration of the present bacterial flora. The causes can be diverse and multiple, the intestinal flora being extremely delicate, it is affected by stress factors such as: constipation, vaccinations, strong climatic variations, recent bacterial or viral infections, prolonged use of antibiotics, sudden changes in diet or weakness in the immune system.

**Probiotics** are ferments rich in live and active microorganisms which, when taken orally, are able to overcome the gastric barrier of the stomach, reaching the intestine intact, where they colonize and reinforce the bacterial flora present.

**Prebiotics**, on the other hand, are substances that are not digestible and cannot be assimilated by the intestine, which, however, promotes the growth of already existing bacterial strains. Florafit is therefore a supplement rich in the most important bacterial strains that are normally found in the intestine.

**Bifidobacterium lactis**: this type of bacteria is usually found in the final section of the large intestine, more precisely in the central portion of the colon, differentiating itself from other species, being the only one that, thanks to its particular composition and structure, also manages to colonize the upper part of the small intestine.

**Lactobacillus salivaris**: belongs to the Lactobacilli family and has the particularity of showing great resistance to antibiotics. It is also acidophilic, so it resists attacks by gastric juices when passing through the stomach. This strain also manages to colonize both the small intestine and the colon and favors the development of five different strains of lactobacilli.

**Enterococcus faecium**: represents a commensal bacteria, that is, it feeds on the waste of the human body without causing harm.

It is a Gram-positive bacterium, naturally present in the intestinal flora, where it plays a fundamental role, helping digestion and assimilation of food; finally, it supports the immune system, destroying many pathogenic bacterial species.

**Lactobacillus acidophilus**: This is also an important Gram-positive bacterium, as it prepares the intestinal environment for the processes of food assimilation. It produces inhibitors that block the growth of pathogens and promotes the elimination of toxic waste produced by proteolytic bacteria.



## Florafit 25g

EAN: 8023966201863 FABRICANTE: FORZA VITALE



**Lactobacillus casei:** is a type of bacteria belonging to the Lactobacilli family. It has the characteristic of being very resistant and capable of surviving with very extreme pH values. This bacteria also helps to cure intestinal disorders and stimulates the immune system to defend against pathogens. Through its action, it is capable of reducing the effects of lactose intolerance and constipation.

**Lactococcus lactis :** is a probiotic capable of living for a long time in the colonized intestinal tract. It is also capable of providing lactic acid, which slows the proliferation of pathogens thanks to the production of a small peptide called nisin, which is made up of 34 amino acids and serves to discourage the appearance of intestinal pathologies.

**Chlorella algae :** is a green algae whose main components are: proteins, carbohydrates, lipids, vitamins and above all a substance called chlorelin. Thanks to its presence, this algae has the capacity to ensure a series of benefits to the intestinal flora. In fact, it strengthens the immune system, accelerates the healing of wounds and ulcers and is also capable of ensuring protection against contaminating agents. Finally, it normalizes intestinal function, digestive activity and stimulates the growth and repair of damaged tissues.

### Ingredients

Sprays of: Probiotics\*, Bifidobacterium lactis W51 (NIZO 3680), Bifidobacterium lactis W52 (NIZO 3882), Enterococcus faecium W54 (NIZO 3886), Lactobacillus acidophilus W22 (NIZO 3674), Lactobacillus paracasei W20 (NIZO 3672), Lactobacillus plantarum W21 (NIZO 3673), Lactobacillus salivarius W24 (NIZO 3675), Lactococcus lactis W19 (NIZO 3671), Microcrystalline cellulose, Magnesium vegetable stearate, Chlorella algae (Chlorella vulgaris Species), Inulin, Gum arabic.

\*Live bacteria content.

### Instructions for use

Two tablets three times a day.

