

## Altalax (Altea Composta) 25 g

EAN: 8023966220024 FABRICANTE: FORZA VITALE



*Senna food supplement, useful for promoting physiological intestinal transit.*

### DESCRIPTION

Senna is the main component of this supplement and is famous for its laxative properties. It is in fact able to stimulate the lazy intestines, thanks to its components, anthracene derivatives such as a series of anthraquinones combined in the form of glycosides, which harmlessly irritate the intestinal mucosa, facilitating the stimulation of evacuation. Another component present is Aloe, also recommended in case of constipation. Indeed, its active ingredients, Aloin A and B, 5-hydroxyaloin and aloinosides A and B, are absorbed by the colon and hydrolyzed through the bacterial flora present, to obtain active metabolites, of which the main one is aloe-hemodin-9-antron. These then accelerate the transit of fecal matter in the colon of the intestine. Furthermore, through a biochemical mechanism involving the enzyme Na<sup>+</sup>K<sup>+</sup>-adenosine triphosphatase, which acts on the opening and closing of chlorine channels, they increase the water retention capacity in the large intestine, keeping the fecal matter soft and mobile. Rhubarb also represents an important component of the complement. Indeed, thanks to its active metabolites, which are tannins, it has a strong laxative action and acts at the level of the large intestine, where it determines the inhibition of water reabsorption, causing an increase in the functionality of intestinal peristalsis. Anise seeds are often used in the treatment of enteric problems due to their carminative effects and important role in digestive processes. Generally, they are used in cases of intestinal atony, when, especially in the case of green anise, they have a direct action on peristalsis; At the same time, they also have a beneficial effect on painful contractions, thanks to an antispastic action, which contributes to the fact that these seeds can also be used in the presence of dyspepsia and meteorism. Likewise, fennel seeds are often used against dyspeptic problems, meteorism and intestinal spasms. They are especially recommended in conjunction with anthraquinone laxatives, to guarantee a complete correction of intestinal atony, ensuring immediate well-being with the disappearance of the annoying symptoms that accompany it. Chamomile represents a mild sedative, useful for reducing the pain caused by intestinal spasms and eventual colic. This plant contains hydrophilic compounds such as flavonoids and glycosylated coumarins and lipophilic components such as terpenes and azulenes, which are incorporated into the aforementioned activities, with a disinfectant, anti-inflammatory and soothing effect. Valerian has an even stronger sedative effect, thanks to the presence of alkaloids and flavonoids, and is ideal for treating irritable bowel syndrome or in cases of insomnia and anxiety; it can also be involved in the treatment of gastric spasms and in the presence of colitis. Melissa, on the other hand, is an officinal plant whose active principles act above all in cases of symptomatic neurotonia. Having a cathartic and cholagogue action, it therefore helps bile secretion and regulates its consistency; by keeping the bile less viscous and less dense, the risk of painful stones forming, responsible for cramps and colic, is removed. Altea is a plant belonging to the Malvaceae

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family and has mainly emollient and soothing properties; thanks to its rich composition of mucilages, it is particularly indicated to act at the intestinal level, where it manages to block and absorb any toxins present.

### Ingredients:

Extracts and Powders of: Senna (*Cassia senna* L.) leaves, Aloe (*Aloe barbadensis* Mill.) leaf juice, microcrystalline cellulose, vegetable magnesium stearate, Rhubarb (*Rheum officinale* Baill.) rhizome, Anise (*Pimpinella anisum* L.) fruits, Fennel (*Foeniculum vulgare* Mill.) fruits, Chamomile (*Matricaria chamomilla* L.) flowers, Valerian (*Valeriana officinalis* L.) rhizome, Melissa (*Melissa officinalis* L.) leaves, Althea (*Althaea officinalis* L.) leaves 1%.

