

## YOGA KALASH SHANTI 60 Cap

EAN: 8437021090444 FABRICANTE: EQUISALUD



*Yoga Kalash Shanti is a food supplement from equisalud laboratories, whose composition is Ayurvedic plants. Shanti Yoga Kalash is specially formulated for Yoga practitioners to promote their mental and physical well-being.*

### DESCRIPTION

#### What is Kalash Shanti Yoga?

Shanti Yoga Kalash is a food supplement whose composition is based on Ayurvedic plants in order to give yoga practitioners better physical and mental well-being.

#### What is Yoga kalash Shanti for?

Shanti Yoga Kalash promotes peace and tranquility, reduces tension and anxiety. Shanti Yoga Kalash reduces mental fatigue, which facilitates concentration and improves performance in the practice of Yoga. It increases the resistance to fatigue and improves the reaction time of the Yoga practitioner.

#### How is Shanti Yoga Kalash taken?

Shanti Yoga Kalash is taken orally: Take one or two capsules a day, with a glass of water, before meals.

#### What is the composition of Yoga Kalash Shanti?

The composition per capsule of Shanti Yoga Kalash is:

- Bacopa dry extract (20% Bacosides) 215mg
- Ashwagandha Extract (1.5% Withanolides) 90 mg
- Triphala dry extract (30% Tannins) 60 mg
- Purified Shilajit 60mg
- Boswellia phytosomata, 25% total triterpenic acids 55 mg
- Gotu Kola dry extract (30% total triterpenes, 10% asiaticosides) 45 mg
- Sandalwood dry extract 35 mg
- Willow dry extract (15% Salicin) 20mg
- Dry extract Chinese cinnamon 14 mg
- Dry extract Black pepper (95% piperine) 2 mg



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### Does Shanti Yoga Kalash have contraindications?

Shanti Yoga Kalash is contraindicated in pregnant women, in nursing women. and, it is also contraindicated in people who are being treated with antiplatelet drugs or anticoagulants.

You will find this and other products in our online Parapharmacy.

