

Holoram Enmt 180 Caps

EAN: 8436612680217 FABRICANTE: EQUISALUD



It is a food supplement produced by Laboratorios Equisalud that acts as a bioregulator to help neuro-muscle-tendon balance.

DESCRIPTION

What is Holoram ENMT and what is it for?

Holoram ENMT is an aid to muscle recovery and repair.

This product is formulated from plants, amino acids, palmitoylethanolamide acid (PEA), methylsulfonylmethane (MSM) and magnesium.

What are the benefits of Holoram ENMT?

Holoram ENMT is a food supplement that **helps as a bio-regulator** .

Benefits and properties of Holoram ENMT

- Support as Neuro-relaxant and Neuro-regenerative.
- Helps in the interaction between fascia, muscles and tendons.
- It contributes to establishing an energy anchoring unit that defines dynamic tension balance.
- It collaborates by providing effects on the cellular matrix, helping to guarantee the integrity of the collagen network.

What is the composition of Holoram ENMT?

L-Glutamine

Essential in the production and consumption of energy at the muscular level, as well as in muscle recovery and repair. Stimulates the release of growth hormone and protects tendons. It contributes to the transport and metabolism of essential fatty acids, generating clean energy in the Krebs cycle. Improves lipid metabolism and cardiovascular function.

L-Citrulline-DL-Malate

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It facilitates the transfer of mitochondrial energy to the cytoplasm, regulating urea metabolism and improving muscle perfusion through nitric oxide.

L-Carnitine L-Tartrate

Carnitine, derived from essential amino acids such as lysine and methionine, is essential for the transport and metabolism of essential fatty acids. It acts in the Krebs cycle, generating clean energy. In addition to improving lipid metabolism and supporting cardiovascular health, carnitine contributes to sports performance, endurance, and post-exercise recovery. Its antioxidant effects reduce oxidative stress and promote the adaptability of the muscle-fascial and tendon system.

Schisandra, Schisandra chinensis

Schisandra provides adaptogenic and antioxidant properties, reducing muscle fatigue and supporting the immune system.

Holy California Grass

It contributes to neuro-muscular balance through relaxing and adaptogenic properties, benefiting nervous and muscle function.

Bamboo

Source of silicon, essential in the formation and maintenance of connective tissue, improving the elasticity and resistance of musculotendinous structures.

Bacopa, Bacopa monnieri

The nootropic and adaptogenic properties of Bacopa monnieri, known as bacopa, can positively influence the coordination of the ENMT system. This plant, used in traditional Ayurvedic medicine for its possible benefits for brain and nerve health, has been the subject of research focused mainly on its effects on brain and cognitive function. However, these properties could also have positive implications for neuromuscular dysfunctions.

Magnesium malate

Magnesium malate is essential in muscle relaxation, nerve transmission and calcium regulation,



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contributing to a balanced neuromuscular system.

Vitamin B6

Vitamin B6 participates in the synthesis of neurotransmitters and hormonal regulation, counteracting sympathetic stress and promoting the relaxation response.

Palmitoylethanolamide acid (PEA)

It contributes to the regulation of the inflammatory response and pain relief, supporting the functionality of the ENMT. Palmitoylethanolamide (PEA) is a natural lipid compound found in the human body and in certain foods. It has been the subject of research due to its possible anti-inflammatory, analgesic and neuroprotective properties that may be beneficial in the context of neuromuscular diseases and dysfunctions.

Methylsulfonylmethane (MSM)

It provides essential organic sulfur for the formation and repair of connective tissues, benefiting the neuromusculo-tendinous unit.

What is the recommended dosage of Holoram ENMT?

Instructions for use and recommended quantity

Take two capsules a day, one before breakfast and one before dinner. Do not take more than two capsules a day.

